Military OneSource 24/7 family assistance 1-800-342-9647

# Plan My Move Booklet for Camp Pendleton Overview



#### Location

Camp Pendleton is located in North San Diego County, in Southern California. The base is adjacent to the City of Oceanside, a military town, by the Main Gate in the South. The City of Fallbrook borders our base to the East, right outside the Fallbrook Naval Weapons Station Gate. The City of San Clemente borders our base at the most northern part, the San Onofre area. The size of Camp Pendleton is comparable to the size of the State of Rhode Island. The cost of living is high in San Diego County. The mild climate and beautiful scenery attract a lot of new residents and tourists to our area each year.

Camp Pendleton Marines are environmentally conscientious as they share the land with nearly 400 species of mammals and birds. The protection of several endangered species is considered when planning for training. Camp Pendleton is also home to about 55 bisons.

Welcome to Southern California and Marine Corps Base Camp Joseph H. Pendleton, the site of the Corps' largest amphibious assault training facility, encompassing 17 miles of prime coastline and 125,000 acres. The base operator's phone number is 760-725-4111 or DSN 312-365-4111.

# **History**

On March 10, 1942, the Department of the Navy announced the purchase of approximately 130,000 acres, the "Rancho Margarita y Las Flores", located between Los Angeles and San Diego. Following the purchase of the vast rancho, the new West Coast Marine Corps Base would be named Camp Joseph H. Pendleton, in honor of MGen. Joseph Henry Pendleton. Camp Pendleton was declared a "permanent" installation in October 1944, and in 1946, General Vandergrift stated that the base's future role was to be the center of all West Coast Marine activities and the home of the 1st Marine Division, with a peacetime strength of 12,500. The Corps has broadened its mission capabilities since the 1980's, as "amphibious" became "expeditionary", combining infantry, armor, supply and air power. Over the years, Camp Pendleton has demonstrated its successful training and effectiveness in the United States Marine Corps through WWII, Korea, Vietnam, the Persian Gulf, humanitarian efforts in Somalia and Haiti, and the war on terrorism worldwide.

#### Mission

Marine Corps Base has the responsibility of providing housing, training facilities and logistical support for the Fleet Marine Force elements and other units assigned here. In addition, the base conducts specialized schools and other such training as the Commandant of the Marine Corps may direct.

Major commands are Marine Corps Base, 1st Marine Expeditionary Force, 1st Marine Division, 1st Marine Logistics Group, elements of the 3rd Marine Aircraft Wing, and many tenant units (Marine Corps Air Station, ACU-5, Naval Hospital, the Marine Corps Tactical Systems Support Activity (MCTSSA), Naval Weapons Station Fallbrook, and a Reserve Support Unit).

# **Population Served**

Pendleton has a population of approximately 37,000 active duty Marines and Sailors, with approximately 27% of family members living on base and 73% living off base.

116,700 33,700
33 700
33,700
45,900
30,000
3,900
USMC, Navy, Army

#### **Base Transportation**

Currently, there is no base transportation on this installation.

### Sponsorship

The Sponsorship Program is a very helpful tool for inbound members. To request a sponsor at your new duty station, approach your unit Sponsorship Coordinator who will send a message with all your pertinent information to your new command and the gaining activity will assign a sponsor. You may also discuss sponsorship issues with your Information Referral Specialist. Your sponsor will get in touch with you by letter, phone or e-mail and answer your questions and will meet you and greet you and show you around at your new duty station. A sponsor's assistance can make all the difference in helping newcomers settle in as quickly as possible.

All personnel are required to report to the Installation Personnel Admin Center, (IPAC) Inbound, Bldg 13107, located on mainside. Between the hours of 0730 to 2359., in service "A" uniform. The duty desk is open 24 hours a day, 7 days a week and the phone number is 760-763-2919-The IPACpersonnel will direct you to your new command.

To forward your mail, you may go to your local post office and for a small fee (\$32 for six months) establish a post office box at the Oceanside Post Office.

### **Temporary Quarters**

All personnel checking into Camp Pendleton are advised to make reservations for Temporary Lodging with the Ward Lodging facility (hostess house) or Billeting (Transient Quarters) up to 1 year in advance. There are large numbers of personnel incoming to and outgoing from Camp Pendleton. Single service members are assigned barracks by their new command. The summer months are extremely busy for PCS moves.

Pets are not allowed in temporary housing. Camp Pendleton Base Housing Office has referrals for pet lodging.

#### **Relocation Assistance**

Marine & Family Services' Information Referral & Relocation Assistance Offices located in Bldg 13150. Information & Referral provides Welcome Aboard Packages, maps and numerous other resources, to those who are relocating to Camp Pendleton. The Welcome Aboard Orientation is held from 8:00 am - 10:00 am on Wednesdays at the Mainside Pass & ID, Building 130132. Spouses are highly encouraged to attend. Seminars are provided monthly on sponsorship and PCS moves. Please call toll free 1-800-253-1624 or 760-725-5704/3802 for more information.

## **Critical Installation Information**

San Diego County is a high-cost area with the high cost of housing being at the top of the list. Do come financially prepared! Bring enough money to cover expenses such as food, rent deposits, and temporary lodging, whether it is on base or off base, and for which you will be reimbursed when you settle your travel claim with Disbursing. For money related issues, you can make an appointment with the Financial Budgeting Specialists at Marine & Family Services or see a budget counselor at the Navy/Marine Corps Relief Society (NMRS).

# **Sponsorship**

Settling into your new location and your new unit takes time. Military OneSource is designed to assist you with information about your new location. Additionally each of the military Services has a Sponsorship Program which is very helpful in providing new unit information. If you want to learn how to be a sponsor, you can take a short training module found on Military OneSource, or if you are a Sponsor, you can use the eSponsorship Application & Training a secure website designed to train you on your sponsorship duties and provide sample materials for your use when communicating with your newcomer.

The purpose of the Sponsorship program is to:

- Provide a sense of belonging
- Ease the transition for inbound service members or civilians and their family members
- Increase productivity
- Reduce culture shock
- Help newcomers make informed decisions
- Cultivate new friendships
- Improve morale

A sponsor is someone from your new unit who is assigned to assist you in settling into your new location. You must request a sponsor through your unit. You can learn more about the sponsorship program and how to apply through your Relocation Assistance Services or the Army Community Service at your new installation.

Your gaining unit will appoint your sponsor in writing. He/she will be the same or close to your rank and the same marital status, if at all possible. This person will be knowledgeable about the local community and the installation; available to assist you and your family for at least two weeks post arrival, and be someone who is positive and outgoing.

A sponsor's duties include:

- Contacting you and your family by letter of introduction or e-mail upon learning of your assignment to the installation.
- Following up with a personal phone call after contact has been made.
- Sending information about the installation/area which you may require, or putting you in touch with the resources on the web and at the installation that provide current, complete and up-to-date information such as those provided by the Relocation Services.
- Answering any questions which you or your family may have, or, again, providing the proper resources to answer those
  questions.
- Confirm transportation and lodging arrangements.
- Assisting with obtaining a Post Office Box for your mail.
- Meeting you and your family upon arrival.
- Accompanying you to your check in point for the unit.
- Introducing you to the Family Center and loan closet
- Providing essential service locations such as commissary, exchange, gas station, and bank.
- Being available when you arrive at your installation to meet you, show you around, and help you through in-processing.

If you have not been assigned a sponsor, or have not been contacted as of yet, request one by contacting your gaining command or unit. If after contacting your new command you find difficulties in obtaining a sponsor, contact your Relocation Assistance Personnel for additional help with your move.

Service specific processes for requesting a Sponsor include:

- Army and Defense Logistics Agency: AR 600-8-8 outlines procedures for DA Form 5434, Sponsorship Program Counseling and Information Sheet. Sponsorship is mandatory for first term Soldiers. All Soldiers, private through colonel (excluding those completing Advanced Individual Training (AIT) and those PCSing to long term schools) and civilian employees through grade 15 may participate in the advance arrival sponsorship program. Reactionary Sponsorship is available for individuals arriving at an installation without a sponsor. Contact the gaining unit to request a sponsor.
- **Air Force:** Gaining Unit Commander Support Staff/Military Personnel Section will assign a sponsor upon receipt of assignment notice. Assigned sponsor will then make contact with the inbound member.
- Navy: OPNAV INSTRUCTION 1740.3C prescribes procedures regarding Command Sponsor and Indoctrination Programs. This Program is designed to facilitate the adaptation of Sailors and their families into new working and living environments, to minimize the anxiety associated with a Permanent Change of Station (PCS) move, and afford Sailors and their families the greatest opportunity for a successful and productive tour of duty.
- Command sponsor and indoctrination responsibilities begin upon receipt of PCS orders and continue until the Sailor has become an integral part of the new command and is fully cognizant of all policies, programs, services, and responsibilities available through the command. Commanding Officers shall establish a Command Indoctrination Program to include the delivery of the Navy Pride and Professionalism training per this instruction. COs should ensure all incoming personnel receive command indoctrination training within 30 days of arrival or within 3 drill weekends
- Enclosures (1) and (2) of OPNAVINST 1740.3C outline responsibilities and provide guidance for these programs. Assistance to local commands regarding the Command Sponsor Program is through the Fleet and Family Support Center (FFSC) Relocation Assistance Program staff.
- Marine Corps: Gaining Unit Commander will assign a sponsor on request. Overseas commands should assign a sponsor automatically, however if one is not assigned, send a request to the gaining command using the <a href="Sample Sponsorship">Sample Sponsorship</a> Request form.

Sponsors' responsibilities and abilities to be available will vary from installation to installation, depending upon the priority which the installation and unit commanders give to the program; however, the Services are making the Sponsorship program a priority as research has shown the many benefits of good sponsorship to service, family members and youth.

## Youth Sponsorship

The Youth Sponsorship Program depends on the availability of youth who volunteer to become sponsors. The Youth Services topic should explain the Youth Sponsorship program at your new installation, but if it does not answer all of your questions, contact your Relocation Manager to inquire about the program and acquiring a youth sponsor.

## **Directions to Installation**

## **Directions to Camp Pendelton**

Camp Pendleton is located about 42 miles north of the San Diego airport, Lindberg Field and about 88 miles south of the Los Angeles International Airport, LAX. Driving direction to Camp Pendleton is fairly easy due to the base being located off of Interstate 5 which runs up and down the entire west coast. When driving towards' Camp Pendleton on I-5, you know you are close when you enter the city of Oceanside, CA. The Camp Pendleton exit is clearly labeled and will take you directly to the front gate of the base.

At the front gate be prepared to present your DOD I.D. card and a copy of your orders to the sentry. If you are driving you POV aboard MCB Camp Pendleton. You will need a current driver license along with the vehicles' current registration document and proof of insurance for that vehicle.

## Traveling from the South

If you plan on traveling from the southern part of the country, you will probably enter the San Diego area via Interstate 8. As you enter the city via the I-8, you will want to veer right on I-15 north. You will drive for about 6 miles before you encounter CA52. You will want to go west on CA52. After about 4 miles, you will encounter I-805. Go north on I-805. After another 4 miles, you will merge with I-5 and this will take you the last 24 miles to the Camp Pendleton exit.

### Traveling from the North

Traveling from the northern part of the country, you will probably enter the North County San Diego area via Interstate 1-5. As you enter the city via I15 south, you will encounter CA78. Veer right on CA78 west. You will take CA78 about 18 miles before you run into I-5. Veer right on I-5 north. You will take I-5 north for the last 5 miles to the Camp Pendleton exit.

If you have any problems with directions, please feel free to contact our office at 760-725-3802/5704. You can also contact the 24hr duty at the IPAC INBOUND.

# San Diego International Airport to/from Camp Pendleton

## Amtrak Rail

1-800-872-7245 (Recording) Take local bus to Amtrak Station. \$11.70 one way (after Labor Day \$9.90) - to or from Oceanside; \$23.40 round trip including military discount (prices may fluctuate depending on season).

# United Service Organization (USO)

United Service Organization (USO) is located in Terminal #2 of the San Diego Airport and is open from 6:00 a.m.-12:00 a.m., 365 days a year. The USO is a non-profit, civilian operated organization with tremendous support and operates worldwide in more that 160 locations. The facility boasts of a television lounge and sitting area, video games, movies, transportation assistance (referral to shuttle services to Camp Pendleton), and directions as well as free coffee and refreshments. For more information call 619-296-3192.

Seabreeze Shuttle Service is available through the USO. Call the USO phone number at 619-296-3192 to arrange ride. Seabreeze will provide transportation from San Diego Airport to any Camp at Camp Pendleton for \$25.00 per Adult. Ask for rates for Children.

## Los Angeles International Airport to/from Camp Pendleton

# Greyhound Bus Lines

Greyhound does not go directly to the airport from Oceanside. For Greyhound schedule call 760-722-1587. (Recording) To talk to a Greyhound representative call 1-800-231-2222.

## Express Shuttle

From Los Angeles International Airport to the Greyhound Bus terminal in downtown LA. Tickets may be purchased from the Greyhound Bus terminal.

### United Service Organization (USO)

United Service Organization (USO) offers information and referral services to active duty personnel, their family members and retirees. They have specific information on the times of day the buses and trains run to Camp Pendleton. For more information on services provided by LAX USO call 310-642-1120 1-310-645-3716 or info@uso.org bobhopeuso.org DSN 312-

532-8328.

#### MetroLink

Oceanside is quickly becoming the area's major rail transportation hub. Commuter rail service connecting Oceanside's Transit Center with Los Angeles Union Station via METROLINK is now available. There are currently 11 stops between Oceanside and Los Angeles Union Station. METROLINK operates Monday-Friday only. Oceanside Metrolink is located at: 235 So. Tremont Ave., off Mission Avenue. Metrolink has five train departures: 4:47 a.m., 5:22 a.m., 5:56 a.m., 6:44 a.m., and 3:22 p.m. (three in a.m. and one in p.m.) and four return trains to Oceanside (one in a.m. and three in p.m.). One-way ticket \$11.25; round trip \$21.25. For more information about METROLINK call 1-800-371-5465.

#### **Check-in Procedures**

## **Inprocessing Procedures**

When first reporting onboard Camp Pendleton, all personnel, with the exception of students, are required to report to the Installation Personnel Admin Center, (IPAC) Inbound, Bldg 13107, located on mainside. Between the hours of 0730 to 2359, report to the 2nd deck 760-763-2919. After hours, report to the Assistant Officer of the Day, (AOOD) located on the 1st Deck of IPAC Inbound @760-725-6271 The Duty will check you in and arrange temporary billeting. . Students are required to check in directly with their school. All servicemembers must report in service "A" uniform. IPAC will assist youin filing your travel claim

### Navy Personnel

Navy personnel assigned to the Naval Hospital should report to the Officer of the Day at the Quarter Deck, Bldg. H-100. The OOD or Command Duty Officer will be there 24 hrs a day. All other Naval personnel should check-in with their appropriate command (ACU-5, Dental, 1st MLG, etc.).

#### **Travel Planning**

## Temporary Lodging

All personnel checking into Camp Pendleton are advised to make reservations for Temporary Lodging and/or Billeting up to 1 year in advance due to the large number of personnel incoming to and outgoing from Camp Pendleton. The summer months are extremely busy for PCS moves, so PLAN AHEAD!

### Welcome Aboard Orientation

The Welcome Aboard Orientation is held from 8:00 a.m. - 10:00 a.m. on Wednesdays at the Joint Reception Center, Building 130132, providing relocation information to new arrivals. Spouses are highly encouraged to attend. Call toll free 1-800-253-1624 or 760-725-5704/6090 for more information.

# What to do if you Get Married Enroute

If you get married before you PCS, you must inform your commander and follow the procedures exactly as you are given them, the military will not pay for travel and housing of your spouse if you do not follow proper procedures.

## **Relocation Assistance**

## **Programs and Services**

If a permanent change of station, or PCS, is in your future, you may have questions about moving. As part of the Military and Family Support Center, the Relocation Assistance Program provides services and resources to help make this transition as smooth as possible. Here's what they offer:

- **Individual PCS planning** Most relocation programs offer one-on-one consultation. In particular, those making their first military move, those making their first overseas move or those with challenging or complex situations should contact the relocation assistance office.
- <u>MilitaryINSTALLATIONS</u> and <u>Plan My Move</u> For managing and planning your move, you may want to take advantage of these DoD-sponsored online relocation tools. You can estimate expenses, locate forms for housing and property shipments, and create a moving calendar.
- Loan closet Where available, loan closets offer basic household goods while your personal property is in transit. Typical items include pots and pans, dishes, silverware, irons, ironing boards and infant or toddler car seats. Generally, towels and bed linens are not available, so these should be packed in your express shipment.
- Workshops and briefings Workshops vary from installation to installation, but you may find classes on purchasing real

estate and renting, budgeting and finance, moving with children or general moving preparation.

- **Pre-departure briefings** These briefings may be called Smooth Move or PCS Briefing, and they provide essential information to prevent you from making uninformed and costly decisions before your move.
- **Settling-in services** Welcome wagon services, local area tours (with child care sometimes provided), or basic household items to use until your goods arrive may be a part of your installation's settling-in services. Overseas arrival services may include introductory language classes and cultural awareness training.
- **Foreign-born spouse support** Whether your question concerns immigration and naturalization, learning the English language or how to use local transportation, the relocation program provides assistance, classes and referrals.
- **Emergency assistance** From time to time, emergencies occur while moving. The Relocation Assistance Program office has the resources to provide emergency financial assistance and referrals.

#### **Installation Specific Information**

Permanent Change of Station (PCS)-- A PCS move can be one of the most exciting and rewarding experiences of your military career: new places, new faces, and new challenges. However, for the service member or family who is not prepared, a PCS move can be a very unhappy time. Most of this unhappiness is caused by money problems associated with the PCS move. To help you plan ahead and keep you in control of your situation, here are some tips.

## Relocation Tips

- Start saving now. Any PCS move will require additional funds.
- Make reservations for Temporary Lodging at the old and new duty station.
- Request a sponsor by filling out a sponsorship request form which you mail to your gaining unit with a copy of your orders attached. See your Sponsorship Coordinator at your current command for assistance.
- For citizenship and immigration services, contact the base Legal Office and inquire about the class on immigration and naturalization with follow-up counseling.
- Camp Pendleton does not have Post Office boxes. You can either forward your mail to your new command until you get a permanent address or you can obtain a P.O. box from the Oceanside Post Office (see your local Post Office for details). You fill out an application at your local Post Office which they will forward to the Oceanside Post Office with your check for \$32.00 (smallest size box for six months) and the Oceanside Post Office will notify you of your P.O. box number and address or you can call the U.S. Post Office at their toll-free number. Don't forget to send out change of address cards!
- Gather all important papers (to include vital records, school records, medical records) and important phone numbers and keep them handy throughout the move. Do not pack them, but carry them with you.
- Make arrangements with the Traffic Management Office (TMO) for packing and pickup of your household goods. You may want to inquire about the Do-It-Yourself (DITY) Move method or a partial POV-DITY.
- Check expiration dates on driver's license and ID cards.

Did you just receive PCS orders or just arrived at your new duty station? Let the Relocation Assistance Program help!!! We tap a variety of resources to guide you through your change in environment and to give you information about your new surroundings and community. Gather all important papers (to include vital records, school records, and medical records) collect important phone numbers and keep them handy throughout the move. Do not pack them, but carry them with you.

Make arrangements with the Distribution Management Office (DMO) for packing and pickup of your household goods. You may want to inquire about the Do-It-Yourself (DITY) Move method or a partial POV-DITY.

Check expiration dates on driver's license and ID cards.

Did you just receive PCS orders or just arrived at your new duty station? Let the Information Referral & Relocation Office help!!! We tap a variety of resources to guide you through your change in environment and to give you information about your new surroundings and community.

Call Marine and Family Services, I Information Referral & Relocation 's toll free number, at 1.800.253-1624.

Volunteers -- Volunteer opportunities are available at Marine and Family Services, Marine Corps Family Team Building Branch. Contact the Volunteer Coordinator.

Youth Sponsorship -- In coordination with Marine Corps Community Services' (MCCS) School Liason Office in Building 1160. This program is for kids between the ages of 6 and 19. Kids 18 and 19 must still be in High School. Moving is a bittersweet experience for youth. They face apprehensions about moving, adjustment to new schools, friends and community. Through the Youth Sponsorship Program some of the stress of relocation can be reduced by having a pen pal to share experiences with. Call for more information or ask your local Information Referral & Relocation Specialists for additional information.

Other Services Available -- tapes, and video tapes on most Marine Corps Installations.

For other programs under Marine and Family Services, Personal & Professional Development Branch, the Transition

Readiness Program, Career & Personal Readiness Program, Financial Counseling, or Retired Affairs, or you may contact the Information and Referral Specialists, at Marine and Family Services, 760-725-3400 or 1-800-253-1624.

## **Emergency Assistance**

#### Planning for Emergencies

No matter how well you plan, emergencies happen.

#### Important Documents/Hand Carry

Carry your important papers (orders, ID cards, passports, travelers' checks, etc.) with you. Do not pack in your luggage or household goods. Write down telephone numbers of relatives, friends, your sponsor, and your gaining command. They will be invaluable in case of an emergency while traveling.

#### American Red Cross

The American Red Cross is a non-profit organization that provides emergency assistance to service members and their families. These services include 24-hour emergency communications; financial assistance on behalf of the NMCRS for emergency travel; referral and advocacy services; health and welfare inquires; assistance with humanitarian transfers and hardship discharges; health and safety courses such as first-aid, CPR and babysitting.

# Navy/Marine Corps Relief Society

<u>The Navy-Marine Corps Relief Society</u> provides need based financial assistance and other services to members of the Naval Services of the United States, and their eligible family members and survivors. We offer financial counseling, no-interest loans, grants, various support services, as well as referrals to other community-based resources when available. There are no fees for such assistance.

The Society, operating in partnership with the Navy and Marine Corps, administers nearly 250 offices ashore and afloat at Navy and Marine Corps bases around the world.

Our trained caseworkers are familiar with the special challenges and conditions of service life. They have a realistic understanding of the potential hardships facing service members and their families.

The Society serves:

- Active duty and retired Navy and Marine Corps personnel and their eligible family members
- Eligible family members of Navy and Marine Corps personnel who died on active duty or in a retired status
- Reservists on extended active duty for 30 days or more
- Indigent widows and mothers (65 years or older) of deceased service members who have limited resources and no family to provide for their welfare
- Ex-spouses who have not remarried and whose marriage to a service member lasted for at least 20 years while the service member was on active duty.

### **Personal Emergencies**

If you find yourself in an emergency situation of a personal or domestic nature (sudden illness, accident, violent domestic disturbance), call 911, or in case of family violence contact Marine & Family Services' Counseling and Family Advocacy Program.

# **Salvation Army**

Salvation Army is not currently at Camp Pendleton. If someone inquiries about their services they can be reach at 760 631-8212.

## **Emergency Assistance In Route**

If you are near a military installation, contact the Marine & Family Services' Relocation Assistance Office, the Specialists (I&R/Relo) at the Family Services Center. Always have some money set aside for emergencies. For newly arriving personnel, if there is a situation that needs emergency attention, contact your sponsor for assistance. If your sponsor is not available, contact your future command S-1, Admin or Personnel Officer, or Officer of the Day.

#### Victim Advocate

For immediate emergency assistance, please call the P.M.O. Desk Sgt at 760-725-3888 or DSN 312-365-3888.

#### Other Useful Information

Emergency Animal Control: 760-725-8120 DSN 312-365-8120

To inquire about an emergency on base, <u>click here</u>. You may also call the base information line at 760-725-9045 or 866-430-2764 for emergency information updates.

Click here to sign up for the Camp Pendleton Emergency Notification System.

#### **Motor Vehicles**

### Registration & Licensing Requirements

California State law requires you to have sufficient liability insurance and a valid driver's license in order to operate a vehicle. The term "vehicle" generally includes automobiles, motorcycles, vans, trailers and boats regularly parked or garaged overnight. Further, your vehicle must be properly registered. Even though you are in the Military, you may be required to register your vehicle in-state and obtain an in-state license within a few months of moving. Access complete information on insurance, driver's licensing, and where and how to register your vehicle by visiting the <a href="State Department of Motor Vehicles">State Department of Motor Vehicles</a> website.

#### State Laws

You and your passengers must always wear seatbelts while driving, you will be ticketed and issued heavy fines if seatbelts are not secured. State law requires that all children under 6 years of age be properly restrained in child seats. Some states also require younger, smaller children to sit in the back seat.

Motorcycles and their operators are subject to special laws. If you own and operate a motorcycle, you must comply with those laws. Visit the State Department of Motor Vehicles website for more information.

Many States and local jurisdictions have strict laws about the use of cell phones and other digital devices while driving. Research these laws on the State Department of Motor Vehicles website. Tickets will be issued and fines assessed for violating these laws. Play it safe and always use a "hands free" device if you must use a cell phone or other PDA while driving. Hands-free devices must be used while operating a motor vehicle on ALL military installations worldwide.

## **Base Vehicle Regulations**

Camp Pendleton is a Federal National Defense Installation. All vehicles on this base are subject to search and inspection at any time by Military Police. Driving aboard Camp Pendleton is a privilege and not a right. Said privileges may be suspended or revoked for cause at any time. Any withdraw of consent to these conditions will result in the immediate surrender of your decal and pass, as well as loss of base driving privileges. Driving privileges and base access will also be revoked if soliciting door to door on base.

Base vehicle regulations are pretty self-explanatory. Traffic areas on Camp Pendleton have posted speed limits with a maximum of 55 mph.

Implied Consent Laws -- Base drivers must agree to a chemical test of blood, breath or urine whenever there is a reasonable cause to suspect that the driver is operating a vehicle under the influence of drugs or alcohol. Refusal to submit to such tests will result in immediate suspension of base driving privileges and the state in which driver's license is held may be notified of the suspension.

Drinking and Driving -- If base drivers under the age of 21 have a blood alcohol content (BAC) of .01% or greater, base driving privileges will be revoked. If base drivers are over the age of 21 and have a (BAC) of 08% or greater, base driving privileges will be revoked. This revocation policy applies to all military installations. Further, the state in which driver's license is held may be notified of the suspension.

Insurance -- The insurance of the vehicle must meet or exceed the California Liability insurance minimum of \$15,000/\$30,000/\$5,000. You must maintain the minimum insurance requirements in order to retain base driving privileges.

Window Tinting -- Drivers with window tinting will conform to CA standards. These guidelines apply to vehicles regardless of state of registration. Only the top 5 inches of the windshield may be tinted (as long as the drivers view is not obstructed). Front side windows (from drivers position forward) may only be tinted with clear colorless (e.g. light gray or smoke color) and transparent material. Such material must allow for a minimum transmission of 70% of sunlight. Rear side windows may be tinted to an extent of 20% transmission of sunlight provided there are two exterior side view mirrors. Otherwise it may only be tinted to an extent of 70% transmission of sunlight.

Towing and Impounding -- Vehicle may be towed by a civilian towing agency at the owners expense if it is: illegally parked; interfering with military operations; creating a safety or environmental hazard; disabled by incident/accident; abandoned; driven/parked aboard the base with a state suspension or revocation; driven by a person on base/state suspension/revocation; used in the commission of a crime; driven without required insurance; failure to use seatbelts (2nd/subsequent violation); or any circumstance where towing/impoundment is authorized by law and/or regulation.

Radar Detectors -- Though legal in the state of California, it is illegal to possess a Radar Detection device aboard Camp Pendleton. Such a device may be confiscated by Military Police. In addition, Radar Jamming Devices are illegal throughout the U.S. and that possession of one is cause for apprehension.

Seatbelts -- Seatbelt use is mandatory for all persons in the vehicle. The first violation will result in a mandatory court appearance and Seatbelt Safety class. A second offence will result in removal of decal and suspension of base driving privileges for a minimum of 30 days. A subsequent violation may result in permanent loss of base driving privileges.

Child Safety Seats -- Children under 6 years of age or 60 lbs must be in a child safety seat.

*Drivers Course* -- If under the age of 26, the USMC Drivers Improvement Course must be completed and proof of its completion must be carried at all times.

### Registering Vehicles on Base

Effective 28 June, 2010 business hours at the Pass & ID/Vehicle Registration section at the Camp Pendleton Joint Reception Center(JRC), located at building 130132, will be expanded to 6:00 a.m. to 5:00 p.m. Hours for the Pass & ID branchs at San Onofre Building 51093 and Main Gate building 20255T will remain the same.

The base decal/pass is registered specifically to you for the specific vehicle reported and may not be given, sold, transferred, or placed on another vehicle. If lost, stolen, or mutilated, you must immediately report such incident to the Base Decal office. Base decals are affixed to the lower left corner (driver's side, lower 5 inches) of the windshield so as not to interfere with vision. To obtain a base decal you must go to the Main Gate of Camp Pendleton or the JRC bldg 130132. You must have a valid driver license, current vehicle registration and proof of insurance.

Motorcycles

Motorcycle safety equipment is required as follows:

- proper state licensing
- USMC motorcycle safety course (card to be carried at all times)
- reflective vest
- eye protection
- gloves
- DOT approved safety helmet
- full length trousers
- shirt (long sleeved recommended)
- footwear (covers entire foot over ankle)

Accidents -- All accidents should be reported to the Provost Marshals Office (PMO) immediately.

#### Loan Closet

As of 1 October, 2014 Loan Locker services are not available at Camp Pendleton. Please check each Military Installation for Loan Locker availability.

# **Housing - Overview**

# **Government Housing**

The Family Housing Office provides assistance whether you decide to live on- or off-Base. About 2/3 of our military families live "out in town," and 1/3 live aboard Camp Pendleton.

There are nearly 6,880 housing units are available for Camp Pendleton personnel.

Application

If you desire to live aboard the Base, you are encouraged to submit an advance application. In your application, please let us know which housing area you desire to live in. You can download the <u>DD1746 Housing Application Form</u>. Fax your application to 760-725-5559 or DSN 312-365-5559.

Upon receipt of the check-in endorsement and other documents pertinent to each individual family, the application will be activated. Eligibility for assignment begins with a control date which is normally the date of detachment from the last permanent duty station.

Waiting periods range from 1-16 months and may vary according to rank, family size, and area requirements. Normally, personnel who wish to live in off-base housing will be permitted to do so. For more information call 1-800-843-2182 or 760-725-6246, for housing area Pacific View/Stuart Mesa, call 760-763-1300, and for base housing office at San Onofre housing, call 760-725-7027.

# Exceptional Family Member Program (EFMP)

Service members enrolled in the EFMP requesting priority housing are encouraged to contact the Base Housing Office at least 60-90 days before checking into Camp Pendleton. All service members who have been assigned category IV or V based on the needs of their exceptional family member are provided priority housing per MCO 1754.4A. Upon check-in, applicant will be placed at bottom of the freeze zone. Quarters will not be available immediately in most cases. It is recommended that families remain in quarters elsewhere until they are available at Camp Pendleton. In order to ease their transition and speed up the process of being assigned housing, service members should FAX/Send the following information to Camp Pendleton Base Housing: written request for Priority Housing, a letter from the medical provider specifying any specific needs, and a copy of detaching/attaching orders.

If Government quarters are not assigned, Housing Referral Services are available for finding off base housing. The Housing Referral Services office, located at Bldg. 1138, provides up-to-date listings and rates of apartments and private homes for sale or rent. Military personnel reporting to Camp Pendleton for permanent duty are required to report to the Base Housing Office at Building 1138 before making a rental or sales commitment in the civilian community.

## Non-government Housing

Housing Referral Office (HRO) -- The HRO is your contact for any problems you may encounter such as discrimination complaints, tenant/landlord disputes, or any questions or problems about off-base housing is the HRO. The HRO will provide you a list of rentals with corresponding locator maps and give you information regarding the communities in which the rentals are located. All renters should carry renters insurance against fire, theft and other damages. The property owner's insurance will cover the property but not the renters personal property. Ask about the Rental Partnership Program if planning to rent an apartment. Transfer coverage after you arrive.

### Rental/Purchase Options

Unfurnished apartments in the surrounding cities average \$850-\$1100 for a one-bedroom unit, \$1250-\$1400 for a two-bedroom unit, and \$1350 plus above for a 3-bedroom place. Security deposits often equal one month's rent. Individual family home rentals average \$1700-\$2500 per month. A recent survey has revealed that the average cost of a single-family home in San Diego County is \$500,000 - \$750,000.

#### Mobile Homes

Camp Pendleton's Mobile Home Park closed on 30 September 2006, due to privatization.

#### **Housing - Temporary**

#### Temporary Lodging Facility (TLF)

# Eligibility

Military personnel or civilian Government employees TAD to MCB Camp Pendleton having official TAD orders are eligible to reserve transient quarters.\* All authorized patrons may use this facility, Active Duty Military with PCS orders have first priority for reservations.

## South Mesa Lodge

Located in Bldg. 202870, the South Mesa Lodge has panoramic ocean view, adjacent to South Mesa Club. All 69 rooms have ocean views and flat screen TVs. 48 Deluxe rooms and 21 Suites. Suites \$147.00/night (600 sq.ft), Deluxe \$92.00/night (400 sq.ft)

For reservations, call 760-763-7805/7806/7807/7808; Fax 760-237-3559.

*Directions:* Enter Camp Pendleton main gate, turn right on Wire Mountain Rd. turn left on San Jacinto Rd. The lodge is at the end just past the South Mesa Club.

## **Ward Lodging**

Reservations can be made early as 6 months in advance. To guarantee your reservation, the first night's rent must be received no later than two days prior to the start of reservation. Reserve by phone, fax or email: (provide sponsors name, rank and phone#). Call 760-725-5194/5304 or 760-385-1311/0521, FAX 760-725-5609.

We are located in Bldg. 1310, across from Mainside Center. Ward Lodging includes 88 Rooms; 28 Standard, 24 Deluxe, 36 with Kitchenettes.

#### Costs

- \$65/night Standard Room without kitchenette
- \$70/night Deluxe Room without Kitchenette
- \$80/night Room with Kitchenette

#### Amenities include:

- King and queen beds
- Private baths
- TVs, DVD players
- Hair dryers
- Irons/ironing boards
- Coffeemakers
- Voicemail system and internet access
- Cribs /rollaway beds
- Laundry facility
- Movie rentals
- Continental breakfast/snacks
- Playground Swimming Pool open summer)
- Convenient to shopping/entertainment/food
- Convenient Lodging for Catered Events or Weddings on Base

#### Pets

Not pets are allowed at any temporary facility at MCB Camp Pendleton.

#### Special Needs

For information regarding a family member with special needs contact your TLF in advance.

#### **Housing - Government**

### **Family Housing**

Nearly 6,880 housing units are available for Camp Pendleton personnel at a variety of housing areas aboard the base. Housing areas and units are detailed in the charts below.

### Application

Application for assignment to family housing may be made in person by submitting Form DD-1746. This form can also be sent by mail or FAX 760-725-5559. Upon receipt of the check-in endorsement and other documents pertinent to each individual family, the application will be activated. Normally, personnel who wish to live in off-base housing will be permitted to do so. For more information call 1-800-843-2182 or 760-725-6246. Barracks are available for single servicemembers.

### Availability

The waiting list for base housing will fluctuate due to the time of year as well as family size and number of bedrooms required. The housing waiting list also depends on the housing area location. Please contact the housing office to determine how long the wait is for your desired housing needs.

## Eligibility

Eligibility for assignment begins with a control date which is normally the date of detachment from the last permanent duty station. Waiting periods range from 1-16 months and may vary according to rank, family size, and area requirements. Once checked-in, you have 30 days to be placed on the waiting list with a control date of your detachment date. If you go beyond the 30 days limit, your effective date on the housing list will be the day you sign-up.

## **Current Housing By Rank**

#### Junior Enlisted E1 - E3

Deluz	Deluz	Deluz	Serra Mesa	Serra Mesa	San Onofre II	Wire Mountain	Wire Mountain	Wire Mountain
2 BR	3 BR	4 BR	1 BR	2 BR	2 BR	2 BR	3 BR	4 BR
288 Units	209 Units	40 Units	308 Units	324 Units	28 Units	Units	100 Units	52 Units

#### NCO Housing E4 - E5

Deluz	Deluz	Deluz	Pacific View	Pacific View	San Margarita	SOI	SOI	SOI II	SOI II
2 BR	3 BR	4 BR	2 BR	3 BR	2 BR	2 BR	4 BR	2 BR	3 BR
139 Units	148 Units	26 Units	160 Units	183 Units	330 Units	200 Units	90 Units	248 Units	24 Units

## NCO Housing E4 - E5

South Mesa II	Stuart Mesa	Stuart Mesa	Stuart Mesa	Wire Mountain I	Wire Mountain I	Wire Mountain I
2 BR	2 BR	3 BR	4 BR	2 BR	3 BR	4 BR
Units	622 Units	592 Units	6 Units	2 Units	60 Units	136 Units

## SNCO Housing E6 - E9

Deluz	Deluz	PacificView	PacificView	SOI	SOI	SOI	South Mesa	South Mesa
3 BR	4 BR	3 BR	4 BR	3 BR	4 BR	5 BR	2 BR	3 BR
109 Units	65 Units	100 Units	30 Units	130 Units	70 Units	10 Units	144 Units	330 Units

# SNCO Housing E6 - E9

Stuart Mesa	Stuart Mesa	Stuart Mesa	Wire Mountain II	Wire Mountain II	Wire Mountain III	Wire Mountain III
3 BR	4 BR	5 BR	2 BR	4 BR	3 BR	4 BR
120 Units	128 Units	30 Units	30 Units	66 Units	144 Units	26 Units

## Company Grade W1 - O3

Del Mar	Del Mar	ONeill	ONeill	ONeill	San Onofre	San Mateo	San Mateo
3 BR	4 BR	2 BR	3 BR	4 BR	4 BR	3 BR	4 BR
188 Units	19 Units	Units	180 Units	5 Units	65 Units	70 Units	6 Units

# Field Grade O4 - O5

Del Mar	Del Mar	ONeill	ONeill	San Onofre	San Luis Rey
3 BR	4 BR	3 BR	4 BR	4 BR	3 BR
8 Units	10 Units	20 Units	13 Units	30 Units	Units

## Household Goods - Overview

# Arranging Household Goods Shipments

As soon as you are alerted to your upcoming Permanent Change of Station (PCS) move, you can start getting your house and family ready. Clean up and get rid of junk. Hold a yard sale or take serviceable items you no longer need to a thrift shop or donate to charity. Get important family records together in one place.

If you are going overseas, you should begin to plan what items you will take in your unaccompanied baggage, in your household goods shipment, and what might need to go into permanent storage. Remember, in overseas areas, the electric current is different and houses are generally much smaller than U.S. standards and cannot handle large furniture.

## Household Goods Shipping Process

The Defense Personal Property System (DPS) is the online system you will use to manage your household goods shipment.

Move.mil explains this new process and provides access to DPS.

#### Shipping Pets

Planning for shipment of your pet includes researching airline requirements and quarantine restriction laws in your new location. You will need to check with the airlines on the requirements for size, weight, number of animals, kennel construction, documentation and season of the year limitations. Occasionally, small pets can be shipped on military flights but availability and regulations are always changing, as well as fees. Search Move.mil for general information on shipping pets.

Many international locations have strict importation laws including extended quarantines and restrictions on breeds or types of animals that can be brought into the country. Carefully research these rules as they could impact your moving schedule. Not only do overseas locations have strict rules but many locations in the United States have restrictions on certain breeds as well. Review your destination installation's Shipping Pets article for details found on the left hand tool bar on MilitaryINSTALLATIONS.

"It's Your Move" Armed Forces Members

Review "It's Your Move" Armed Forces Members, Part IV, Attachment K1 for detailed information on weight allowances, valuable tips, household goods shipping process, storage, shipping your automobile (POV - Privately Owned Vehicle), arrival and delivery of household goods shipments, claims process, and the customer satisfaction survey.

#### **Household Goods - Shipping Pets**

# Marine Corps Official Pet Policy

The United States Marine Corps has set official policy on types of dogs allowed in installation housing and other rules surrounding pets on base. You must read this <u>policy</u> before you plan your move, if you plan to live in government housing.

#### **Pet Vaccinations**

The California Department of Health Services requires all dogs over four months old to have a certificate of current rabies vaccination stating the type, manufacturer and lot number of rabies vaccine used and date of administration. All cities and counties in California have dog control ordinances. It is strongly recommended that cats be rabies immunized, especially if they have access to outdoors. Cats, pet birds and pet rabbits must be healthy on admittance into the state. Parakeets may not be brought into the state for the purpose of sale. Pet ferrets are prohibited in California.

## **Pet Licensing**

If moving/living on base, you have 30 days to register your pet. Registration fee for one year is \$10.00, \$15.00 for two years, and \$20.00 for three years for all altered pets. For all unaltered pets registration fees are: \$25.00 per year, \$40.00 for two years, and \$50.00 for three years. Temporary tags are \$5.00 each for all pets (valid for six months). Unaltered cats must remain indoors. When walking dogs, a leash is mandatory. Personnel living off base must register their pets (dogs and cats) with the local Humane Society.

#### **Pet Travel**

Make sure your pet is healthy and strong enough to travel; for example, not too old or too young for the trip. Check with your veterinarian or the base veterinarian.

If you are traveling by air, also check with your airline for any age or health restrictions. Most airlines require health certificates for all animals they are carrying. For destinations outside the U.S., foreign countries (Mexico, Canada), and overseas locations, also check about quarantines, immunizations, rules and regulations that apply for that specific country. Call the agricultural attache of the embassy or consulate for your new country at least four weeks before the trip. Call the U.S. Department of Agriculture, Animal and Plants Health Inspection Service (USDA-APHIS) for regulations. Call for either U.S. requirements (for all states within the U.S.), or to find out all requirements for pets to a particular country. When traveling to Hawaii or a U.S. territory, also check about quarantines, and call the Center for Epidemiologist and Animal Health (CEAH); check the CEAH web site. When moving to specific states with animals such as horses, contact the CEAH.

#### Pet Transportation

There is no travel entitlement for pets on official travel orders. Pets may travel on a space available basis limited to two pets (cats and dogs only with total weight not to exceed 100 pounds including cages) on AMC flights. There is a charge depending on size of pet and subject to change on a monthly basis. Upon receipt of official travel orders to an overseas area, it is necessary that you bring your pet requirements to the attention of your unit port call representative as early as possible as pet spaces are limited, especially on AMC flights. If booked on a commercial flight, do follow up with the airline regarding your

pet reservation and travel requirements.

#### **Pet Boarding**

Pet boarding is not available on base check the local yellow pages for facilities near the installation. It is necessary to make pet boarding arrangements prior to arrival at destination. If arriving at Camp Pendleton with horses, the Base Stables has a large boarding facility; however, there is currently a waiting list and they may refer you to boarding facilities in the local area.

Oceanside Pet Hotel serves pet owners in the northern areas of SD as well as OC. They've got spacious outdoor daytime runs, and cozy indoor nighttime rooms to help convince your dogs that they've never left home. With the pet hotels doggie day care your dogs can have fun in the sun socializing with upwards of 10 other dogs. Group play & fun games.

### Quarantine

Quarantine is required only after a bite incident. A 10 day quarantine will be required in such case and can be done at the Base Shelter/Animal Control Center.

## **Education - General Overview**

# The MCB Camp Pendleton School Liaison Office Welcomes You

Welcome to San Diego's beautiful weather and area attractions. We realize that preparing for your children's new school is an extremely important part of feeling settled once you arrive. The mission of the School Liaison Officers is to identify and coordinate community resources to reduce the impact of the mobile military lifestyle on military school-aged children and families; to implement predictable support services that assist children/youth with relocations, life transitions and achieving academic success; and to provide a wide range of resources that facilitate school transitions to parents, students, school, commanders and communities. For a Positive Change of Schools and a seamless move and school transition for your child and your family, please do not hesitate to contact our office at 760-763-7386 and/or 760-763-7385.

Schools On Camp Pendleton - There are five schools aboard the base. These are non-DOD schools belonging to two separate School Districts. School assignment is determined by your home address. Below is a description of the various Base Housing areas aboard the Base and their respective school assignments.

Housing Area: Forster Hills, South Mesa I West, South Mesa II, Wire Mtn 1, Wire Mtn 3

School District: Oceanside Unified School District:

760-966-4000

http://www.oside.k12.ca.us/

North Terrace Elementary (K-8) 757-901-7500

http://www.nt.oside.us/

Oceanside High School

(9-12) 760-722-8201

http://ohs.oside.us/

Housing Area: South Mesa I East, Wire Mtn 2, Del Mar, Pacific View, Santa Margarita

Santa Margarita E.S (K-8)

760-901-7900

http://www.smarg.oside.us/

Oceanside High School

(9-12) 760-722-8201

http://ohs.oside.us/

Housing Area: Stuart Mesa Housing

Stuart Mesa Elementary School

760-901-7700 (K-8)

http://www.smesa.oside.us/

Oceanside High School

(9-12) 760-722-8201

http://ohs.oside.us/

Housing Area: De Luz, O'Neill, Serra Mesa, San Luis Rey

School District: Fallbrook Union Elementary School District:

760-731-5400

http://www.fuesd.k12.ca.us/site/default.aspx?PageID=1

Mary Fay Pendleton Elementary School (k-8) – 760-731-4050

http://www.fuesd.k12.ca.us/Domain/279

Potter Junior High (7-8)

760-731-4150

http://www.fuesd.k12.ca.us/site/Default.aspx?PageID=1695

Fallbrook Union High School District - 760-723-6332

http://www.fuhsd.net/

Fallbrook High School (9-12)

760-723-6332

http://www.fallbrookhs.org/

Housing Area: San Onofre I, II, San Mateo Point

School District: Fallbrook Union Elementary School District

San Onofre Elementary School

(K-8) - 760-731-4360

http://www.fuesd.k12.ca.us/Domain/340

**School District: Capistrano Unified School District** 

949-234-9200

http://capousd.ca.schoolloop.com/

San Clemente High School

(9-12) - 949-492-4165

http://www.sctritons.com/

Other School Districts surrounding MCB Camp Pendleton where a big majority of our military families live are:

Bons all Union School District, <a href="http://www.bonsallusd.com/?f3507898">http://www.bonsallusd.com/?f3507898</a>

Carlsbad Unified School District, <a href="http://www.carlsbadusd.k12.ca.us/">http://www.carlsbadusd.k12.ca.us/</a>

Murrieta Valley Unified School District, <a href="http://www.murrieta.k12.ca.us/site/default.aspx?PageID=1">http://www.murrieta.k12.ca.us/site/default.aspx?PageID=1</a>.

Temecula Valley Unified School District, <a href="http://www.tvusd.k12.ca.us/">http://www.tvusd.k12.ca.us/</a>

Vista Unified School District, <a href="http://www.vusd.k12.ca.us/Pages/default.aspx">http://www.vusd.k12.ca.us/Pages/default.aspx</a>

**Data and School Accountability Scores**: Please take a look at the following websites to assist you in your research. Local Eddata provides demographic information and has a comparison feature built into the site: ED Data.org - <a href="http://www.ed-data.org/">http://www.ed-data.org/</a>

California Department of Education posts the results of their standardized testing for Language Arts, Math and Science. This information gives parents an accurate glimpse of student performance on these common core subjects.

CA Dept. of ED. - <a href="http://caaspp.cde.ca.gov/">http://caaspp.cde.ca.gov/</a>

**Transition Hints:** We recommend hand-carrying your child's shot record, latest report card, and birth certificate(s). Please verify that the children have all the necessary immunizations required to begin school in San Diego County. These requirements can be found on the following site - <a href="http://www.sdiz.org/">http://www.sdiz.org/</a>

Military Kids Connect – a DoD website for military youth who are in transition: http://militarykids.connect.dcoe.mil/

**School Transportation**: The one aspect of local schools that surprises our families the most while transitioning into the area is the lack of School Bus transportation or the Fee-based services that are an aspect of many local school districts.

School of Choice – An option to pursue if you would like to attend a school other than your neighborhood school is to request an intradistrict (transfer within the district) or interdistrict (transfer to another district). Each individual school district has their own deadlines and approval process and is based on a case by case basis and space availability. Additionally, you should know that if you choose to pursue the school choice/transfer option, you will be responsible for providing transportation to and from school for your child, regardless of the distance. Please call the school district you are interested in requesting school of choice for detailed information.

Home School and Alternative School Options for Families - Private, Charter, Magnet and Homeschooling information please contact our office for an in-depth overview as there are many options in the area.

In closing, we hope that you have a seamless move and school transition for your child and your family. Our office is here to support you and assist you with any questions you may have regarding K-12 information and resources. Please do not hesitate to contact us at 760-763-7386/7385.

MCB Camp Pendleton School Liaison website

MCCS Camp Pendleton School Liaison Facebook

# Adult Education

Life Long Learning-Joint Education Center

Six accredited colleges operate on-base programs including: Central Michigan University, Central Texas College, Embry-Riddle Aeronautical University, National University, Palomar College, and Park University. Courses and degrees are available from the certificate level through the graduate level. Classes are offered throughout the installation normally on accelerated term schedules. Advisement and financial aid information are available through the schools. A full-range testing program is available to base personnel and others associated with the base through the Defense Activity for Non-Traditional Education Support (DANTES) Program and College Level Examination Program (CLEP). Tests include credit by examination, ACT, and SAT certification examinations, and more. Independent study courses are offered through catalogs and include more than 100 institutions throughout the United States. Most courses may be applied toward degrees.

Military Academic Skills Program

An additional program entitled the Military Academic Skills Program is designed to improve learning abilities in the areas of Math, Communications, and English. Students need to contact the Joint Education Center. The program is four weeks long during the duty day - 0730-1630. Commanding Officers may refer students or students may refer themselves. They will be on orders to the Joint Education Center. Students completing the program will do better on the ASVAB which helps with lateral moves and they should have better performance back at the unit. The program also helps those interested in pursuing higher education. Note - this program is only available for active duty members.

Apprenticeship and Credentialing Programs

Other programs that have not received much visibility are the United Services Apprenticeship Program (USMAP) and Marine Corps Credentialing Opportunities On-Line (Marine Corps COOL). USMAP is a formal military training program that provides active duty Marines and Sailors the opportunity to improve their job skills and complete civilian apprenticeship requirements while they are on active duty. Marine Corps COOL helps Marines find information on certifications and licenses related to their MOS. Additionally, Marine Corps COOL will pay for certification test, fees, and recertification fees. Brochures on these t programs are available. Note - these programs are only available to active duty members.

## Tuition Assistance Program

One of the best benefits for active duty members is the Tuition Assistance Program paying 75 percent of the cost of tuition for approved courses towards degrees and certificates. Every active duty member is entitled to tuition assistance of \$4,500 each year for Marines and \$4,000 Sailors each year. For more information on these programs, call the Joint Education Center at 760-725-6660/6414.

#### **Education - Training (College/Technical)**

# Life Long Learning-Joint Education Center

Going on to college or a technical/vocational school is smart for either those who plan on making the military a career or those who will be returning to the civilian community. The Joint Education Center and Base Library System are dedicated to the off-duty, voluntary education programs of active duty military personnel and their family members.

Six accredited colleges operate on-base programs including: Central Michigan University, Central Texas College, Embry-Riddle Aeronautical University, National University, Palomar College, and Park University. Courses and degrees are available from the certificate level through the graduate level. Classes are offered throughout the installation normally on accelerated term schedules. Advisement and financial aid information is available through the schools.

A full-range testing program is available to base personnel and others associated with the base through the Defense Activity for Non-Traditional Education Support (DANTES) Program and College Level Examination Program (CLEP). Tests include credit by examination, ACT, and SAT certification examinations, and more.

#### Counseling

Need help putting the pieces together? The JEC offers academic advisement for both active duty Military personnel and their family members. Counseling appointments are available Monday, Tuesday, Thursday, and Friday, 9:00 a.m. - 4:00 p.m. and Wed afternoons.

### **Testing Program**

There are three types of testing programs available through the Joint Education Center:

- 1. Certification Testing JEC offers certification testing in a wide variety of technical fields. Some tests are free and others may require payment. VA will reimburse for some of these certification tests.
- 2. College Level Exams There are a wide variety of civilian college tests conducted at the Joint Education Center, including SAT, ACT, CLEP, DSST, and proctoring services.
- 3. Military Classification Testing Marine Corps and Navy personnel can retake their AFCT, as well as defense language testing at the JEC.

# Colleges

For students who want to attend schools on base, we have six schools that offer classes aboard Camp Pendleton. All the schools have offices located in Bldg 1331 and offer counseling to assist students in with course decisions, testing, and other services that will help the military student succeed.

<u>Central Michigan University</u>, 760-725-0485 or 7600385-0412. Central Michigan University offers graduate level degree programs; including a Masters of Arts in Education and Masters of Science in General Administration in several specialized areas such as Human Resource Management or Computer Information Systems Management.

<u>Central Texas College</u>, 760-725-6386 or 760-385-4942. Central Texas College is a two-year school and offers Associate Degree in the following programs: Business/Business Management, Computer Sciences, Criminal Justice, Fire Protection Technology, General Studies, Law Enforcement, Liberal Arts, or Social Sciences.

Embry-Riddle University, 760-385-0152. Embry-Riddle Aeronautical University offers degree programs at MCAS Camp

Pendleton in Associate and Bachelor of Science in Professional Aeronautics or Technical Management. Also offered are Masters Degrees in Management in Logistics, Aeronautical Science, or Project Management. Embry-Riddle also has an office located at the air station in Bldg 2368, Rm 104, 760-385-4233.

<u>National University</u>, 760-268-1533. National University is offering a Bachelor's of Science in Domestic Security Management or Liberal Studies. Also offered is a Masters degree in Homeland Security, and a Single Subject or Multi-Subject Teaching Credential Program.

<u>Palomar College</u>, 760-725-6626. Palomar College is a local California two-year college offering Associate Degrees in Administration of Justice, Business Mid-Management, General Business, General Studies, Law Enforcement, Liberal Arts or Sciences. Classes may be taken on base, at Palomar's main campus in San Marcos, or at any of the other off site campus locations.

<u>Park University</u>, 760-725-6858. Park University is a four year school and offers Bachelors Degrees in the following areas of study: Computer Science, Criminal Justice Administration, Liberal Arts/Studies, and Social Psychology, as well as management courses in the following specialized areas, Accounting, Computer Information Systems, Finance, Human Resources Management, and Marketing.

## Military Academic Skills Program

An additional program entitled the Military Academic Skills Program is designed to improve learning abilities in the areas of Math, Communications, and English. Students need to see their unit education representative to enroll or call the Joint Education Center. The program is four weeks long during the duty day - 7:30 am -4:30 pm. Commanding Officers may refer students or students may refer themselves. They will be on Permissive TAD orders to the Joint Education Center. Students completing the program will do better on the ASVAB which helps with lateral moves and they should have better performance back at the unit. The program also helps those interested in pursuing higher education.

## Apprenticeship Program

Another program which is managed by the Education Center is the Apprenticeship Program. Certain MOS's are approved for the program. Essentially, Marines document work hours with the supervisor and after "X" number of hours, students earn a certificate in their MOS from the Department of Labor and move from the apprenticeship level to journeyman level. This helps when a Marine gets out and wants to work in a trade. Brochures on this program are available. Note - this program is only available to active duty members who have enough time in service remaining to complete the program.

#### **Tuition Assistance Program**

Tuition Assistance (TA) is the military's financial assistance program and helps cover tuition costs for courses taken at an accredited college, university, or vocational/technical institution leading to a certificate, associate, bachelors, masters, doctoral, or professional degree. TA pays 100% of college courses less than \$250 per semester credit hour, or \$166 per quarter hour and 100% of tuition costs for courses applicable to the completion of a high school diploma or equivalency certificate.

One of the best benefits for active duty members is the Tuition Assistance Program paying 100 percent of the cost of tuition for approved courses toward degrees and certificates. Every active duty member is entitled to tuition assistance of \$4,500 each year. For more information on these programs, call the Joint Education Center at 760-725-6660/6414.

# **Library**

# **Installation Specific Information**

There are three libraries and one bookmobile aboard Camp Pendleton. The Main Library, Patrick J. Carney Library, is located in Building 1146 in the Mainside area and is open seven days/week. The South Mesa Library, Building 200090 is located at the corner or Wire Mountain Road and Ash by the Main Gate and is open five days/week. The Seaside Square Library is located in Building 51093 by the Basilone Gate on the north end of the base and is open three days/week. The Camp Pendleton Library Bookmobile offers services three days/week.

Camp Pendleton Libraries offer over 180,000 books, e-books, DVDs, audio-books, music CDs, and magazine titles, including titles from the Marine Corps Commandant's Professional Reading List. The libraries offer free wi-fi and access to computers and printers. The libraries also have photocopiers, scanners, and fax machines available for patron use.

Programs for families include weekly preschool story times at the Mainside, South Mesa, and Seaside Square Libraries. The Camp Pendleton Library offers a Summer Reading Program for adults, teens and children and a Fall Reading Club for children ages 4-12. A wide variety of creative activities under the auspices of our new Makerspace Program are being developed and

offered including activities such as sewing, video production, 3-D Printing, T-shirt and mug illustration, painting, electronic circuit design, crafts, and more. For further information please visit <a href="http://mccs.ent.sirsi.net/client/pendleton">http://mccs.ent.sirsi.net/client/pendleton</a> or call 760-725-5669.

### **Marine Corps General Library Program**

The Marine Corps General Library Program supports the quality of life and well-being of Marines and their families amidst diverse circumstances. The Headquarters Library Program extends library services to remote Marines, coordinates policy and manages reporting requirements for the installation libraries. Twelve main libraries and 16 branch libraries provide collections, in all formats, in support of professional, educational, informational and recreational pursuits. A joint integrated library system (ILS) and virtual library website provide online access to additional electronic resources and services.

On installations, libraries play an important role in the professional life of Marines and the family life of their dependents. Collections include academic and professional research resources so Marines can readily locate Commandant of the Marine Corps professional reading titles, earn college degrees or certifications, update their promotion package, prepare for transition and retirement, and expand future career opportunities. Several on-installation colleges offer orientation classes in library research skills at installation libraries. The Voluntary Education Program and libraries work in cooperation to meet the needs of Marines receiving Tuition Assistance. Materials for Marines preparing for College Level Examination Program (CLEP) and Defense Activity for Non-Traditional Education Support (DANTES) tests are in high demand, and library computers are often used to take practice tests. The ILS extends the use of each library's collection beyond the physical building. The system supports remote access to databases and the libraries' electronic catalogs and provides an online public catalog for locating and delivering interlibrary loan materials that meet a scholar's demands, a historian's needs or a hobbyist's interests.

On-installation libraries extend opportunities for community sharing, learning and entertainment for single Marines, families, and families of deployed Marines. A thematic summer reading program has been standardized to support mobile military children. Library events vary by installation and may include Early Literacy program, Story Times, Makers paces, book clubs, game nights, multicultural activities, book displays, or access to a private webcam meeting between deployed personnel and their family.

The Headquarters Library Program procures online databases to provide academic research, professional resources and recreational material that is available anytime, anywhere for Marines and their families. Located at <a href="https://library.usmc-mccs.org">https://library.usmc-mccs.org</a> the Virtual Library Portal provides access to a wide variety of general and subject-specific research databases for all ages, hundreds of self-improvement classes and digital magazines. Online homework tutoring is provided 24/7 through <a href="http://www.tutor.com/military">http://www.tutor.com/military</a> for K-12 students on subjects such as writing, mathematics through calculus, science, and history. Librarians support cultural awareness and overseas families by registering library patrons for Transparent Language Online, an online foreign language program. Marine Corps library patrons are also eligible to access additional electronic research databases, audio and eBooks, genealogy resources and newspapers through the Navy Digital Library at <a href="http://navymwrdigitallibrary.org">http://navymwrdigitallibrary.org</a>

Marine Corps General Libraries are award winning. Seven of the Marine Corps general libraries have been awarded Premiere General Library certificates from the Department of Defense. Camp Foster library was selected the 2006 Federal Library/Information Center of the Year (large library category) by the Federal Library and Information Center Committee of the Library of Congress. Every success is the outcome of dedication to sustaining and improving the quality of life for Marines and the Marine Corps community.

## Morale, Welfare and Recreation Digital Library

Our mobile military members often don't have the resources of a brick and mortar library on hand. The Morale, Welfare and Recreation digital library provides those resources for members in transit, at foreign missions or remote sites, and for deployed personnel. Access to library materials in electronic and downloadable format is available online, 24/7. The library provides recreation, lifelong learning, and reference and career resources for all ages and interests. All resources, including audio and eBooks, are available free to Service members anywhere there is access to the Internet.

The Morale, Welfare and Recreation digital library resources include the following:

- Books thousands of fiction and nonfiction titles, including animated children's books
- Databases that support education, research, and career growth
- Resources that provide information on repairing a car or a small engine

#### **Education - Local Schools**

#### How do I choose a school?

Choosing the right school for children is a priority for military families. Whether you are assigned living quarters or have a choice of where to live, it is important to explore all educational options to discover the proper match for each child. All parents want the best possible education for their children. Students have different learning styles and needs. Children within the same family may not learn in the same way or at the same rate. Finding the right educational setting for each child requires a careful examination of various options that are available to students and their families.

"Choosing a School for your Child", a publication of the U.S. Department of Education offers a series of checklists and pertinent questions to assist parents in making the right choices.

## What schools are in my area (or in the area where I may move)?

Several high quality commercial tools are available to assist in making decisions about which school to choose for your child.

<u>GreatSchools</u> offers listings of 200,000 public and private schools serving students from preschool through high school and more than 800,000 parent ratings and reviews. GreatSchools also has a new program called College Bound, an online approach to helping parents raise college-ready high school graduates.

Designed for military students, their families and the caring professionals who support them, <u>SchoolQuest</u> is an educational resource tool from the Military Child Education Coalition. It is meant to facilitate the search for new schools and centralize resources.

It's also a secure storage site for students' educational, extra-curricular, award, volunteer and work information. Please note, though, that is NOT a replacement for a school transcript. It can be viewed as a safe, centralized virtual "file drawer" where a student (or parent) can keep track of all the details that are so difficult to organize, but so necessary when students move or apply for college, jobs or military service.

In addition, SchoolQuest guests are granted access to research and time-tested information about successful educational transitions.

<u>Military OneSource</u> is a free service provided by the Department of Defense to service members and their families to help with a broad range of concerns including money management, spouse employment and education, parenting and child care, relocation, deployment, reunion, and the particular concerns of families with special-needs members.

# How can I help plan for a successful transition in this new school and for my child's school career?

Parents often want to know about the availability of extracurricular activities and sports, or the availability of advanced classes. For these questions, it is best to contact the schools directly. It is important to ask the right questions. The following resources can help with these questions and others.

Military Child Education Coalition

Military Impacted Schools Association

**Education - Local Schools/Overseas** 

## Overseas Schools -- What You Should Know

Moving your family from one installation to another in the U.S. can be challenging enough; but moving your family overseas presents an even more complex situation. One of the most important challenges can be summed up by this question, "Where are my children going to go to school?"

This article will provide resources to help guide military families through the many questions and decisions regarding local schools abroad.

## Where do I start?

Start with the information on your new installation. Visit <u>MilitaryINSTALLATIONS</u> and review the installation's Education - article. All of the overseas installations have dedicated a portion of the Education article to discussing the education options available in the local community as well as the DoD schools located on the installation, if available. Most installations

overseas that allow accompanied family travel have one or more DoD schools.

## What is the difference between a DoD school and an international or national school?

<u>DoDEA</u> is the Department of Defense Education Activity. DoDEA operates DoD schools in 12 foreign countries, Guam and Puerto Rico. All DoDEA schools are fully accredited by U.S. accreditation agencies and maintain high academic standards with well-rounded educational programs. Visit the <u>DoDEA School Report Card website</u> to find a detailed discussion of each DoD School.

In addition to DoDEA, the <u>U.S. Department of State's Office of Overseas Schools</u> mission is to promote quality educational opportunities for dependents of American citizens overseas at the elementary and secondary level. If a DoD school is not available on your installation there may be a school in the local community that is an American-Sponsored Elementary and Secondary School.

International schools are English-language schools whereas National schools are schools where courses are taught in the native language. The curriculum and grading system of an International school tends to be similar to the traditional American education system. This is a consideration if your family will be returning to the U.S. prior to your child or children graduating high school. Remember, when choosing a school it is best to try to match the school with your child's needs and expectations.

## Where can I find a list of International schools in the country where my family is moving?

The Internet can be an excellent resource for finding International Schools overseas. You can find a complete directory of overseas schools on the International Schools Services' website.

In addition, the <u>World Wide Schools</u> website is an excellent resource. From the homepage you can select the country. Once you have done this, a list of schools will appear and you can then choose which one you are interested in researching. All of the information appearing on this website is provided by the schools directly. Some of the information you may find on a school includes: a background summary about the school, the school's address, phone number, website, and even the email address of the director of the school. This information should be explored so that you can make comparisons with other International schools in the area to determine the best place for your child/children.

# How do I decide what school is best for my child?

This process is much the same as it would be in the U.S. You may not have as many choices but it is important to make a list of possible schools and then begin to ask around. This is a daunting task since it is likely that there will be a language barrier. However, talk to the Relocation Personnel in the Family Center and your sponsor at your new installation who may be able to put you in touch with other families with children around the same age as your child/children. Always contact the school directly and ask for references.

Once you have narrowed down your options, interview the school or schools directly. This is best done in person, if possible. Ask about: attendance, atmosphere, curriculum; grading system, tuition, accreditations, the staff and administration; as well as other practical details such as, does the school provide meals, what types of extra curricular programs are available, is there transportation, holidays and schedule, sports programs, before and after school care programs, and how is the facility maintained.

# Now that I have chosen a school, how do I successfully facilitate the transition for my child?

A successful transition should be a priority during planning the move and once the move has been completed. The more knowledge you provide your child with, the more confident he/she will feel once he/she arrives at the new school. Allow your child to be a part of the decision making process, if he/she is old enough, and take his/her opinions into account.

<u>MilitaryStudent</u> provides several valuable tools to facilitate the transition process. Although many of these tools are not geared specifically to an international move the resources provided do apply to any military student transitioning to a new school in the U.S. or overseas.

### **Employment - Overview**

#### **Employment Opportunities**

Spouses and family members may gain employment both on and off base. Contact MCCS One Source at 1-800 433-6868 for more information. There are excellent training resources available locally for entry level positions, career changes and

career mobility.

Good Prospects

Many positions are available for those with experience in clerical work, light industrial services, computer intensive secretarial skills, customer service/retail sales, technical fields, electronic assembly, and those with advanced degrees in applied physical sciences, computers, electronics or management (MS/MA, Ph.D./ED.D).

Fair Prospects

Some positions are available for nurses, lawyers, medical & dental assistants, and in biotechnology.

Family Member Employment Assistance Program

The Family Member Employment Assistance Program assists active duty military family members, as well as reservists, retirees and civilians, on space availability, to achieve their goals through employment, education or volunteerism. In 1985, Public Law 99-145 created the FMEAP. Section 806 of this act specifically addressed the need to increase employment opportunities for spouses. The military mobile lifestyle presents unique challenges to spouse employment due to frequent relocations. Additionally it is widely recognized that successful spouse employment assists in retaining the career active duty Service member.

- Resume Writing: learn types of resume, essential contents, and most suitable format to present your accomplishments.
- Job Interview Techniques: learn to interview effectively and confidently.
- Know how to prepare for an interview: dress for success, what to say, what to ask, and employer's commonly asked
  questions.
- Federal Application Information: understand the complicated application process (including RESUMIX) and learn about Federal employment opportunities.
- Staff Assisted Computerized Job Search
- Education and Training Resources Opportunities
- Volunteer Opportunities
- Other Resources: ADECCO Career Accelerator (ADECCO)

For information regarding employment opportunities at MCB Camp Pendleton click here.

## **Employment Documentation**

Be sure to hand carry all employment records and information such as: resumes, federal applications, copy of PCS orders for spouse preference, transcripts, certificates, licenses, etc.

#### Unemployment Compensation

Unemployment compensation may be available for the spouse of a newly assigned military member or civilian employee. For more information please contact the <u>California Employment Development Department</u>.

#### **Transiton Assistance**

This is a Department of Defense program that provides a hiring preference for military service personnel and their family members that have been affected by the downsizing of our military forces. Transitional Assistance preference applies to positions graded as NF-3 and below and equivalent hourly paid positions. If you have been affected by the military downsizing you may qualify for this special preference in the selection process.

# **Tuition Assistance**

MyCAA

For information on MyCAA and Military Spouse Education and Career Opportunities, visit Military OneSource.

#### **New Parent Support Program**

# Marine Corps New Parent Support Program

The New Parent Support Program is an early intervention service for families who are expecting or have a child 5 years of age or younger. The primary focus of the New Parent Support Program is intensive home visitation services tailored to meet the unique needs of each family and help them cope with stress, isolation, deployment, post-deployment reunions and the everyday demands of parenthood. In addition to home visits, expectant parents and parents of newborns and young children

can participate in a variety of programs, such as support groups and parenting classes designed to help parents learn new parenting skills and provide an optimal learning environment for their children. Confidential services also offer new and expecting parents the opportunity to express concerns and ask questions.

### Program highlights

These programs and services are available through the Marine Corps New Parent Support Program:

- **Baby Boot Camp** These classes provide new and expectant parents with an understanding of an infant's world and the basic skills necessary for loving, safe care. Classes include topics such as breastfeeding, bonding and attachment, and self-care.
- **Parenting classes** These classes provide hands-on parenting education to support healthy children and positive family relationships. Parenting topics include infant massage, newborn care and discipline.
- Referrals Assistance with information and referrals link families with appropriate military and community services.
- **Play morning** This interactive playgroup helps teach parents about developmentally appropriate play and helps children improve their social, cognitive and motor skills. Parents must provide signed documentation of their child's immunizations to participate.
- Home visits Parents receive education and support by a caring professional in the privacy of their home.

These services are available to families regardless of whether they live on or off the military installation.

#### Staff qualifications

The New Parent Support Program is a professional team of licensed social workers, marriage and family therapists and registered nurses skilled in child development and sensitive to the challenges facing military families.

### Eligibility

Service members and their families stationed at or near a Marine Corps installation who are expecting a child or have a child under 6 years of age are eligible for all services, free of charge, offered by the New Parent Support Program.

#### **Getting started**

Enrollment is easy. Just call the New Parent Support Program on your installation during regular business hours. Find the program through MilitaryINSTALLATIONS. Select New Parent Support Program and your installation from the drop-down menus.

#### **Child and Youth Programs**

The Department of Defense takes great pride in the variety and quality of services provided to children and youth on installations worldwide. While the services provided may vary by location, the standards and quality of services are consistent and meet established regulations.

## Child development centers

Child development centers generally offer child care for children ages 6 weeks to 5 years. Care is available Monday through Friday, with some locations offering options, such as extended hours, weekend care and respite care. Child development centers vary in size and larger installations may operate multiple facilities. Programs are certified by the Department of Defense and accredited by a national accrediting body, such as the <u>National Association for the Education of Young Children</u>.

# Family child care

Children ages 2 weeks to 12 years may receive care in the private home of a certified care provider living in government-owned or leased housing. Care may also be provided in a state-licensed home in the community. In-home child care is typically available weekdays and with additional care provided during evenings, weekends and flexible hourly care for shift work. Regulations limit the number of children who receive care at any one time to no more than six children under age 8 and no more than two children under age 2. Family child care providers must be certified to operate by the installation. Individual providers may voluntarily seek national accreditation from the National Association of Family Child Care.

#### School-age programs

School-age programs provide care to children in kindergarten through sixth grade. Care is offered before and after school, during non-school days and summer vacations. School-age programs may be located in Department of Defense youth centers, child development centers or in other suitable facilities. All programs are certified by the Department of Defense and accredited by a national accrediting body, such as the Council on Accreditation.

# Youth programs

Dynamic programs for youth ages 5 through 18 years are provided in approximately 300 youth and teen program facilities

worldwide. A wide variety of offerings includes activities in physical fitness and sports, the arts, life skills, career and volunteer opportunities. Installation programs may also collaborate with other youth-serving organizations, like the Boys & Girls Clubs of America and USDA/4-H programs.

### **Waiting lists**

Military families may be placed on a waiting list for child care when care is not available. Families may request child care through one of two processes:

- 1. Visit <u>MilitaryChildCare.com</u>. The Department of Defense website for military families seeking child care provides access to military-operated child care options across all services. Families may search for and request care, manage their requests, and update their profile online, making it easier for them to find the child care they need.
- 2. Fill out <u>DD Form 2606, Department of Defense Child Development Program Request for Care Record</u> and return it to the child development center, school-age care facility or resource and referral office on the installation.

## **Child Care**

# **Child Development Centers (CDC)**

#### Eligibility

Child and Youth Programs (CYP) offers childcare for children six weeks through 12 years of age. Eligibility of services is extended to Active Duty Military, Department of Defense civilian personnel, Reservists on Active Duty or during inactive personnel training and DoD Contractors. All immunizations must be up to date prior to enrollment.

#### Registration

To register, parents must provide:

- Child's shot records
- Sponsor's current Leave and Earnings Statement (LES)/pay stub Spouse's LES/paystub or current school paperwork that
  verifies the parent is a full-time student
- Power of Attorney if sponsor is deployed
- Family Care Plan or "Power of Attorney for Care of Children" is required (dual or single active duty)
- Sponsor must sign forms to complete registration Health Assessment Appt Date/Time (within 30 days of enrollment)
- Inclusion Action Team (IAT) meeting, if child has special needs to include allergies.

#### Costs

There is an annual registration fee of \$40.00 per child. Camp Pendleton CDC fees are due weekly. Weekly fees for full-time care are based on 10 hours of care per day. Fees include walking children to and from school. Fees are based on total family income. Income will be verified through the service member's most recent LES. Military income includes Base Pay, Basic Allowance for Subsistence and Basic Allowance for Housing. The spouse's most recent pay stub will be used to verify the income for non-military personnel. Reduced fees for second or subsequent children in families are not authorized. All fees are in effect as of November 2015.

## Programs Offered

Following is a list of programs offered and fees for each at the CDCs aboard Camp Pendleton:

- Full Day Childcare for ages 6 weeks to Pre-Kindergarten- \$58 to \$206 and due weekly
- Before/After School Care \$38 to \$190 and due weekly (prices vary with school district)
- 2 Day Enrichment Program \$12 to \$41 due weekly, 3 Day Enrichment Program \$17 to \$62 due weekly, 5 Day Enrichment Program \$29 to \$103 due weekly
- Hourly Care \$6 per hour
- Drop in/ Hourly care is available at Fisher Children's Center (operated by the Armed Services YMCA)
- Family Child Care (FCC) \$58 to \$145 per week (subsidy rates for children under the age of 2 years)
- Fees for children over the age of two years are based on individual FCC provider contracts.

### Availability

Waiting time for infant spaces in the Child Development Centers can be as long as 12+ months. Family Child Care subsidy is available for children under two years of age. Care for children with special needs is offered for infants through school-age children. Rates are the same as those listed above. Children with special needs must be evaluated for appropriate placement and be registered with the Exceptional Family Member Program (EFMP).

Hours

Hours of operation of the CDCs are Monday through Friday 6:00 a.m. - 6:00 p.m.

Respite Care

Respite Care is designed to assist in providing temporary, short durations of rest for the EFM caregiver(s). Families assigned to the Camp Pendleton EFMP can receive up to 20 hours of respite care a month for a child categorized and level 3 or 4, 20 hours for an adult at level 4. Hourly reimbursement rates are determined by the assigned EFMP caseworker. Families may choose their own provider, and then submit their receipts to the Camp Pendleton EFMP office for reimbursement. Please contact the nearest EFMP office or your EFMP Case Worker to find out more about or apply for this benefit at (760) 725-5363

#### School Age Program

The School-Age Care (SAC) Program serves four Elementary Schools aboard Camp Pendleton. The Marine Corps Community Services (MCCS) Child and Youth Programs (CYP) provides on-site before and after school child care for children in grades 1-6 at Stuart Mesa and Santa Margarita Elementary schools. Children attending North Terrace are walked to and from the Abby Reinke SAC and Youth Center. Children attending San Onofre Elementary school are walked to and from the San Onofre SAC and Youth center. Children attending Mary Faye Pendleton are bused to and from the San Luis Rey SAC program. Sites are open from 6:00 a.m. until school time and dismissal time until 6:00 p.m. In addition, full-day care is provided on school-inservice days, spring, winter and summer breaks. Arts and crafts, indoor and outdoor play, field trips, homework clubs and enrichment programs are featured. To obtain enrollment, access MilitaryChildCare.com. For further, contact CYTP Resource & Referral between the hours of 7:00 a.m. - 5:00 p.m at (760)725-9723 or (760)725-6104.

The Youth Centers aboard Camp Pendleton offers self-directed recreational programs for youth, ages 11-18, who are still in High School at four locations.

## Family Child Care Program (FCC)

All FCC Providers are licensed to provide care out of their homes located aboard Camp Pendleton. They offer a variety of services including full-time care, part-time care, hourly care and extended care.

All FCC providers accept subsidy until a child turns two years of age. Fees are negotiable between provider and patron when a parent does not qualify for subsidy or until the child turns two years of age. The Family Childcare (FCC) Program staff provides training, oversight, technical assistance and visit the family child care homes unannounced on a monthly basis. Access MilitaryChildCare.com for available providers.

## **Youth Services**

## **Youth Services**

Camp Pendleton Youth Centers offer a variety of planned group and individual activities for children between the ages of 11 to 18 years of age, who are still in school. Membership in all Children, Youth and Teen Programs (CYT) at the Youth Centers is offered to family members of military and civilian personnel aboard Camp Pendleton.

Youth Centers on Installation

The Youth Programs operate three Youth Centers located in the DeLuz, Wire Mountain and San Onofre housing areas.

- DeLuz Youth Center is located in Building 14519T and can be reached at 760-725-5608.
- Wire Mountain Youth Center is located in Building 210017 and can be reached at 760-725-2102/2570.
- San Onofre Youth Center is located in Building 51570 and can be reached at 949-498-9166.

Programs Offered

Programs offered include teen leadership opportunities, field trips, camps during school breaks, dances and the popular annual Haunted House.

You may contact (CYTP) Resource and Referral, Building 13150, to find out more information regarding classes offered by the American Red Cross, such as the quarterly "Super-Sitter" Training Class for teens (12-17 years of age) who want to baby-sit on base. Also offered is First Aid and CPR training, as well as training in basic child care.

## Youth Sponsorship Program

Marine and Family Services' Relocation Assistance Program and Family Team Building Community Support (FTBCS) work

together with the Youth Centers and the local schools to provide a special program for school age youths to assist them in becoming acquainted with the opportunities awaiting them in Southern California.

The Youth Sponsorship Program helps youths moving to the Camp Pendleton area by matching them up with another ageappropriate youth presently living in the Camp Pendleton area. The youths correspond in order to find out exactly what to expect upon their arrival at Camp Pendleton.

To obtain a Youth Sponsor, you may use the toll-free line 1-800-253-1624, or contact the Relocation Assistance Program directly.

#### Youth Religious Programs

For youth based religious programs <u>click here</u>.

## Family Center

## **Programs and services**

As a gateway to the resources you need, the Military and Family Support Center provides information, support and services to help you balance the demands of military life. The Military and Family Support Center is one part of the overall Family Readiness System, which is the network of agencies, programs, services, partnerships and individuals that supports your personal and family life readiness, mobilization and deployment readiness, and mobility and economic readiness. It should be one of your first stops once you arrive at a new installation. The programs and services are a key resource for you and your family. They include:

- **Deployment support** assists you and your family during all phases of the deployment cycle, providing workshops and services to help meet the challenges of deployment, as well as information and referral to deployment-related resources. Services include education briefings for deploying members and families, support services, morale calls and service-specific programs.
- **Relocation assistance** provides an array services to meet your moving needs. Relocation services include, but are not limited to, relocation workshops that help you prepare for a move, information on installations and communities worldwide and, where offered, a loan closet for basic household items. Relocation assistance also includes assistance with in-transit emergencies. Military and Family Support Centers work with other installation agencies to keep relocation information current, timely and relevant to allow you to make informed decisions and ensure you experience a smooth and successful move
- **Personal financial management** provides information, education and one-on-one financial counseling to assist you and your family in maintaining your financial readiness. Services are designed to address money management issues throughout your active-duty lifecycle and into retirement. Financial readiness educational opportunities range from basic planning to long-term investing.
- **Employment assistance** offers comprehensive information, tools and resources to support career exploration, training and licensing, and employment readiness. Military and Family Support Centers may offer career counseling, local labor market information, trend tracking, skills and interests identification, job bank referrals and resources for self-employment.
- **Family life education** provides information and education to assist you and your family in developing resilience skills that can help as you navigate your mobile military lives.
- **Information and Referral** can assist you in identifying and clarifying needs to determine appropriate forms of assistance and in locating services and programs available both on and off your installation.
- The Transition Assistance Program prepares separating, retiring and demobilizing service members (and their families) with the information, skills and knowledge necessary for a successful transition from military to civilian life. The first step in your transition process is to complete the congressionally mandated pre-separation counseling session, which furnishes detailed information on the various benefits and services available.

Military and Family Support Centers may provide other services, such as counseling and family advocacy. Services vary by location.

## **Financial Assistance**

#### Cost of Living

San Diego County/The City of Oceanside is a high-cost area with the high cost of housing being at the top of the list. Do come financially prepared! Bring enough money to cover expenses such as food, rent deposits, and temporary lodging, whether it is on base or off base, and for which you will be reimbursed when you settle your travel claim with Disbursing. For money

related issues, you can make an appointment with the Personal Financial Management Specialists at Marine & Family Programs or see a budget counselor at the Navy/Marine Corps Relief Society.

Average Monthly Cost Of Living for Camp Pendleton and the local community. For Families with Children in Oceanside, CA is \$276. By comparison, the average monthly cost of House & Home for Families with Children in the U.S is \$535. This includes utilities/home maintenance.

COST OF LIVING	San Diego, California	United States
Overall	164	100
Grocery	112.1	100
Health	112	100
Housing	278	100
Utilities	110	100
Transportation	113	100
Miscellaneous	107	100

For information regarding Temporary Lodging click here.

#### Car Insurance

The minimum liability insurance required in California for private passenger cars is \$35,000; it's broken down like this:

- \$15,000 for injury or death of one person
- \$30,000 for injury or death of more than one person
- \$5,000 for damage to property

It's easy to remember these as "15/30/5."

This is the absolute minimum you can get and still drive your car, and most people buy more coverage than this. Your insurer may recommend coverage in the range of 100/300/100.

### Personal Finacial Mangement Program

Most people are so busy with day-to-day living and do not take the time to acquire the financial education necessary to secure a better and more prosperous future.

Marine & Family Programs, Personal & Professional Development Branch, P&PD, Personal Financial Management Program offers financial guidance to those experiencing money management difficulties or for those who wish to be in control of their finances or looking how to invest for the future. Financial Planning Seminars and workshops are being offered bi-weekly.

Financial counseling is available to individuals, couples, and groups. Topics discussed range from check book balancing and basic budgeting to home buying and selling and investments. Educational workshops cover topics such as:

Developing A Spending Plan - (Basic Budgeting, personal savings plan, paying bills on time)

Tackling Debt - (The consequences of not paying debts, effects of bankruptcy)

Basic Banking - (Reading LES, selecting a bank, types of checking and saving accounts)

Credit Management - (How to establish credit, choose credit cards, APR and finance charges)

Ethical Financial Behavior - (Determining the difference between WANT & NEED)

Car Buying Maneuvers - (Buying vs. leasing, how much monthly cost of new or used vehicle can you afford?)

Home Buying Preparation - (Appraisals, mortgages, financing, and escrow)

Participants can empower themselves for a better financial future by attending these seminars and applying the financial keys introduced during these workshops.

Contact Marine & Family Programs' Personal Financial Management Specialists for an appointment, or to arrange for group counseling, or for Financial Fitness "Train the Trainer" for Command Financial Specialists (CFS) or for Corporal for Financial

Fitness training.

## **Advance Pay**

The purpose of advance pay is to give funds to a member to meet extraordinary expenses incident to a Permanent Change of Station (PCS). It is intended to assist with the out-of-pocket expenses, not typical of day-to-day military living, that precede or exceed reimbursements incurred in a member Â's change of duty locations.

An advance of pay is not authorized for the specific out-of-pocket expenses covered by advances of other allowances and entitlements, if those advances are used (to include travel allowances and per diem, overseas station housing allowance, basic allowance for housing, and dislocation allowance). The member's commander has a responsibility to ensure that an advance of pay is used only to help with the financial burden of a PCS.

A member may be paid an advance of basic pay not to exceed 3 months less deductions. Service members are normally required to pay this advance back, in the form of a deduction in pay over a twelve month period.

If you are facing a PCS move be sure to contact your pay office to determine if you will benefit from an advance on your pay

### **Legal Assistance**

#### **Legal Services**

Base Legal provides free attorney and paralegal assistance to uniformed service members, their family members and dependents, retirees and other eligible clients regarding personal legal matters. "Family members" or "dependents" are those persons identified in the sponsor's service record and/or who possess a valid United States Uniformed Services Identification and Privilege Card. Legal Assistance attorneys are available to assist clients with step-parent adoption, child support, consumer problems, contracts, debt and credit problems, immigration advice, wills, living wills, name changes, marital separation agreements, and spousal support.

There are three locations for Legal Representation, the Base Legal Offices in Building 22161, Building 22163, and a satellite location (North) in Building 53435. Each office offers various legal services:

- 1. The main Legal Office in Bldg 22161 handles adoptions and divorces by appointment only. Appointments are scheduled one week in advance by calling on Friday mornings at 7:30 am. Wills, Power of Attorney, Guardianship and name changes may be accomplished on a walk-in basis at the same location.
- 2. The Legal Office at Bldg 22163 offers walk-in for NJP and general counseling on Mondays, Wednesdays, and Fridays at 7:30 am.
- 3. Legal Representation at building 53435 (Camp Horno) has NJP and general counseling available on Tuesdays and Thursdays.

When visiting any base legal office, please bring with you your SRB, a copy of the Right Acknowledgment Form, a copy of UPB, and any documentary evidence.

#### Walk in Hours

Tuesday and Thursday 7:00 a.m. mornings only. First come, first serve basis. Line begins forming at 6:30 a.m. Note: Bring all documentation relating to your case with you to your walk-in session. If you do not have the necessary documents on hand, an attorney may not be able to assist you.

Services available during walk-in hours:

- Consumer Law Issues (credit card debt, identity theft, car loans, foreclosures, car contracts, etc.)
- Contract Disputes
- Landlord/Tenant Disputes
- Review of Contracts (e.g., to purchase a car)
- Non-Support Issues
- Family Law Issues

Citizenship and Immigration Hours

Citizenship (if you are already a permanent resident)/Immigration (if you are seeking to become a permanent resident)

- Monday: 9:00 11:00 a.m., 1:00 3:30 p.m. Citizenship (walk-ins)
- Tuesday: 9:00 11:00 a.m., 1:00 3:30 p.m. Citizenship (walk-ins)
- Wednesday: 8:00 11:00 a.m. Immigration (walk-ins)

- Wednesday: 2:00 3:30 p.m. Citizenship brief
- Thursday: 9:00 11:00 a.m., 1:00 3:00 p.m. Immigration (appointments only)

Matters handled by appointment only:

- Adoptions
- Divorces / Dissolutions
- Detailed Wills / Advance Medical Directives
- Name Changes
- Immigration (with the exception of our walk-in hours on Wednesday morning)

Appointments are scheduled the week prior on Friday mornings. Appointments can be scheduled in person at 7:00 a.m. on Fridays for the following week. Appointments are scheduled for Tuesday, Wednesday and Thursday afternoons at 1:00 p.m., 2:00 p.m. and 3:00 p.m.

Power of Attorney

Powers of Attorney may be picked up and prepared at our office on Monday- Friday, 8:00 - 11:00 a.m. and 1:00 - 4:30 p.m.

Notary Republic Hours

Monday- Friday 8:00 - 11:00 a.m. and 1:00 - 4:30 p.m.

#### **Deployment Support**

# **Family Deployment Support**

Marine & Family Services' Marine Corps Family Team Building (MCFTB) programs enhance unit readiness by providing quality educational programs to deploying and returning troops building confident military families.

Pre-Deployment Brief

Topics covered include: MCFTB programs, financial planning and emergencies, Powers of Attorney, legal, personal preparation, spouse relocation, TriCare, preparing children and loved ones, family care plans, deployment stress and the Combat Operational Stress Continuum, American Red Cross, Postal, Communication, Military OneSource and CACO (optional). This brief is for both Single and Married Marines and Sailors and is facilitated on a unit specific basis 30-60 days before a deployment. Family Readiness Officers or members of a Command Team can call to schedule a brief with an RDST.

Warrior Kids Workshops

This series is for kids ages 5-12 whose parent has already deployed. Each workshop within the series will touch topics focused on expressing emotion, staying connected and preparing for the homecoming. This series is offered base-wide only.

Kids and Deployment Ages 5-12

These events are 90 minutes in length and will be facilitated by RDST and FOCUS Project. The target audiences for this workshop are children and their remain behind parent at the beginning of the deployment cycle. This workshop is split, with parents receiving a workshop in one room, while the children receive a "kids" version in a separate room. The last 30 minutes of this workshop brings parents and kids together for a team building exercise. This workshop is offered base-wide only and childcare will be offered for children 4 and under.

In the Midst Ages 5-12

These events are 2 hours in length and will be facilitated by the RDST and FOCUS Project. The target audience for this workshop are children ages 5-12 "in the midst" of a deployment. This fun event will feature a short FOCUS workshop as well as 3 venues or "stations" for the kids to create and complete projects and activities. This workshop is offered base-wide only and childcare will not be provided for this event, as the parents do not attend

L.I.N.K.S. (Lifestyle, Insights, Networking, Knowledge & Skills)

Provides basic training introducing participants, especially new spouses, to the Marine Corps and to effective coping skills for meeting its challenges.

KVN (Key Volunteer Network)

Strengthens unit communities through family readiness education. This is a very effective support system of experienced

military spouses making themselves available to help spouses who are new to the military and the Marine Corps. Key Volunteers serve as command representatives to establish and maintain contact with all unit families. They provide a family communication, referral and support network. Initially developed as a deployment program, the Key Volunteer Network functions as a standing program. To find out more about the Key Volunteer Network in your command, contact your unit's Family Readiness Officer (FRO) or the Chaplain.

DRS (Deployment & Readiness Support)

Provides tools for personal & family readiness. DRS enhances unit readiness by delivering mobile family education programs to all ages. DRS provides information and assistance to families involved in separations due to deployment. Provided are:

- 1. Readiness Training
- 2. Pre-Deployment Briefs
- 3. Family Readiness and Deployment Support
- 4. Family Day Support
- 5. Children Activities and Puppet Shows
- 6. Return and Reunion Workshops

Designed specifically for Marines, Sailors and families, these programs increase their awareness of relevant readiness issues, while offering individuals coping skills and ideas to build a healthy family.

#### **Health Care - Overview**

### Moving With TRICARE

Whether moving stateside or overseas, active duty families can now switch their TRICARE Prime enrollment by phone! Before you start your move, contact your losing TRICARE health care contractor to see if you need to switch to a new region. TRICARE does the rest! You must update DEERS (Defense Enrollment Eligibility Reporting System) with your new address so you do not have any disruptions in service and your enrollment moves with you. Get contact information, and more TRICARE moving tips on the TRICARE website.

Your <u>TRICARE</u> coverage is completely portable-meaning it moves with you. You are covered worldwide-both in-transit to your new duty location and once you arrive-but depending on where you go, you may use a different TRICARE health plan option. Additionally, you may have different enrollment steps depending on which health plan option is available in your new area.

When Enrolled in a TRICARE Prime Option

The TRICARE Prime options include TRICARE Prime and TRICARE Prime Remote for stateside and TRICARE Prime Overseas and TRICARE Prime Remote Overseas for overseas. Follow these simple steps to set-up Prime coverage in your new location without a break in coverage.

- 1. Do not disenroll from your TRICARE Prime option before you move.
- 2. Call your losing contractor and provide information about your upcoming move; new duty station, expected date of arrival, cell phone number, valid email address, and eligible family members moving to the new location.
- 3. Your losing contractor passes the information along to your new contractor.
- 4. Within five days of your anticipated arrival, your new contractor will try to call/contact you to confirm your arrival and enrollment choices.
- 5. Once you agree to the transfer, the process is complete. It could take up to four days, but you never lose TRICAREPrime/Prime Remote coverage.

There are other ways to set-up Prime in your new area:

- 1. Before moving, visit your local TRICARE Service Center to complete an enrollment change form.
- 2. Go online and set-up your new enrollment via the <u>Beneficiary Web Enrollment website</u>.
- 3. Download and complete a <u>TRICARE Prime Enrollment Application</u> and PCM Change Form. Mail it to the new contractor or drop it at a local TRICARE Service Center.
- 4. Enroll when you in-process at your new duty station.

Enrollment and assignment of a new primary care manager (PCM) should occur within 30 days when moving within the same region, a new region or overseas.

Update your personal information in the <u>Defense Enrollment Eligibility Reporting System (DEERS)</u> immediately, as your new location reflected in DEERS is the key to transferring enrollment.

Where you are moving determines which Prime option is available.

# Prime Options in the United States

TRICARE Prime

TRICARE Prime is offered in Prime Service Areas-geographic areas typically located around a military treatment facility-throughout the country.

#### **TRICARE Prime Remote**

In non-Prime service areas, which are generally 60 minutes (one hour) drive-time or 50 miles from the nearest MTF, TRICARE offers TRICARE Prime Remote. Enrollment is normally with a network provider when available; otherwise, enrollment is with a TRICARE authorized provider who manages all of your care. Any TRICARE-eligible family members living with you in a TRICARE Prime Remote area can enroll in TRICARE Prime Remote for active duty family members. Be sure to include them on the enrollment form.

TRICARE	Managed Care Support Partner	Call Toll-Free	Website
Region			
North	Health Net Federal Services , Inc.	877-874-2273	www.hnfs.com
South	Humana Military Healthcare Services, Inc.	800-444-5445	www.humana-military.com
West	UnitedHealthcare Military & Veterans	877-988-9378	http://www.uhcmilitarywest.com/

## **Prime Options Outside the United States**

TRICARE Prime Overseas (TOP)/TRICARE Prime Remote Overseas

TRICARE Prime Remote Overseas is a Prime option offered in designated remote overseas locations. Command-sponsored family members who reside with you are eligible for TRICARE Prime Overseas. Be sure to include all family members who wish to use TRICARE Prime Overseas.

Before you move to another overseas area or to an area within the United States, contact the nearest TRICARE Service Center or managed care contractor for assistance.

TRICARE - Eurasia - Africa	TRICARE - Latin America and Canada	TRICARE - Pacific
TOP Regional Call Center (1) +44-20-8762-8384 1-877-678-1207 (Toll-free from the U.S.) http://www.tricare-overseas.com/ Medical Assistance (2) +44-20-8762-8133	TOP Regional Call Center (1) +1-215-942-8393 1-877-451-8659 (Toll-free from the U.S.) http://www.tricare-overseas.com/ Medical Assistance (2) +1-215-942-8320	TOP Regional Call Center (1) Singapore: +65-6339-2676 1-877-678-1208 (Toll-free from the U.S.) http://www.tricare-overseas.com/ Sydney: +61-9273-2710 1-877-678-1209 (Toll-free from the U.S.) http://www.tricare-overseas.com/  Medical Assistance (2) Singapore: +65-6338-9277 Sydney: +61-2-9273-2760
TRICARE Area Office  +49-6302-67-6314 314-496-6314 (DSN)  Toll Free: 1-888-777-8343, option #1  teoweb@europe.tricare.osd.mil	TRICARE Area Office  +1-210-292-8520 312-554-8520 (DSN)  Toll Free: 1-888-777-8343 option #3  taoloc@tma.osd.mil	TRICARE Area Office  +81-6117-43-2036 315-643-2036 (DSN)  Toll Free (If calling from U.S.): Singapore: 1-877-678-1208 Sydney: 1-877-678-1209  tpao.csc@med.navv.mil

www.tricare.mil/eurasiaafrica	www.tricare.mil/tlac	http://www.tricare.mil/pacific
Health Care Claims	Health Care Claims	Health Care Claims
(Active Duty)	(Active Duty)	(Active Duty)
TRICARE Active Duty Claims	TRICARE Active Duty Claims	TRICARE Active Duty Claims
PO Box 7968	P.O. Box 7968	PO Box 7968
Madison, WI 53707-7968 USA	Madison WI 53707-7968 USA	Madison, WI 53707-7968 USA
Health Care Claims	Health Care Claims	Health Care Claims
(Non-active duty)	(Non-active duty)	(Non-active duty)
TRICARE Overseas Program	TRICARE Overseas Program	TRICARE Overseas Program
P.O. Box 8976	PO Box 7985	PO Box 7985
Madison, WI 53708-8976 USA	Madison, WI 53707-7985 USA	Madison, WI 53707-7985 USA

- (1) For toll-free numbers contact www.tricare-overseas.com
- (2) Only call Medical Assistance numbers to coordinate overseas emergency care

## When Using TRICARE Standard and Extra

TRICARE Standard and Extra are available to family members only. Active duty service members are required to enroll in one of the Prime options described above.

TRICARE Standard and Extra are available throughout the United States and enrollment is not required. Any eligible active duty family member who is registered in DEERS may use these programs by seeing any network (Extra) or non-network TRICARE authorized provider. In areas outside of the United States, active duty family members who do not want to use a Prime option may use TRICARE Standard Overseas by seeing qualified host nation providers.

If you are already using TRICARE Standard and Extra, moving is easy.

- 1. Once you arrive at your new location, update your personal information in the Defense Enrollment Eligibility Reporting System (DEERS) immediately.
- 2. Find TRICARE-authorized providers in your new area.

Here are a few things to remember about using TRICARE Standard and Extra in a new region

- In the U.S.: Visit your new regional contractor's website for a list of network providers. Remember, if you see network providers, you will be using the Extra option and pay lower cost shares.
- Outside of the U.S.: Contact International SOS or the MTF Service Center for help locating a qualified host nation provider. The TRICARE Extra option is not available in overseas areas.
- If you move to a new region, you will have a new claims address for submitting your TRICARE claims.
- Learn your new region's prior authorization requirements because these requirements can differ by region.

#### When Using TRICARE For Life

TRICARE For Life-TRICARE's supplemental coverage for those who are eligible for Medicare **and have purchased Medicare Part B** - requires no enrollment and you will have a smooth transition when you move. TRICARE for Life contact information:

WPS TRICARE For Life, P.O. Box 7889, Madison, WI 53707-7889; 1-866-773-0404; TDD 1-866-773-0405.

- Once you arrive at your new location, update your personal information in the Defense Enrollment Eligibility Reporting System (DEERS) immediately.
- Find Medicare providers in your new area.
- Visit <u>Medicare's website</u>.

If you move overseas, your TRICARE For Life coverage may change depending on where you move. In U.S. Territories such as Guam, Puerto Rico and the U.S. Virgin Islands, TRICARE For Life coverage works the same as the stateside program. But, in all other overseas locations, TRICARE For Life Overseas works differently because Medicare does not provide coverage in most overseas locations. Therefore, TRICARE is the primary payer. You can get care from any host nation provider and may have to pay up front for care received. You will be responsible for TRICARE deductibles and cost shares.

Contact International SOS, or the TRICARE Area Office for the overseas area where you are moving, or the nearest American Embassy Health Unit for assistance finding a host nation provider.

Note\*\*\* Active Duty and Active Duty Family Members are not required to purchase Medicare Part B until the

sponsor is ready to retire or during the special enrollment period. However, it is highly encouraged to purchase it once eligible to avoid loss of TRICARE coverage.

#### **Getting Care Along the Way**

Routine Medical and Dental Care-Get it before you go.

Before you move, make sure you have received any routine medical or dental care you think you might need during the time you will be traveling. Or, delay the care until you get to your new duty location. Check supply of all prescription medications and get refills/new prescriptions until you can make an appointment with your new Primary Care Manager (PCM) at your new duty site.

Emergency Care in the United States-Call 911 or go to the nearest emergency room.

TRICARE defines emergency care as medical services provided for a sudden or unexpected medical or psychiatric condition, or the sudden worsening of a chronic (ongoing) condition that is threatening to life, limb, or sight and needs immediate medical treatment, or which has painful symptoms that need immediate relief to stop suffering. If you are near a military treatment facility (MTF), you should go to the MTF or military dental treatment facility for emergency services. If you are seen in a civilian facility, contact your PCM or regional contractor within 24 hours.

Urgent care in the United States-Coordinate with your PCM and/or regional contractor.

TRICARE defines urgent care as medical care for a condition that will not result in disability or death if not treated immediately but should be treated within 24 hours to avoid further complications. If you are in a Prime program, you must coordinate urgent care with your primary care manager and/or regional contractor before receiving the care. If you are in TRICARE Standard and Extra or TRICARE For Life, you can receive care as you normally would. You should, however, contact your contractor as soon as possible to coordinate any prior authorizations that are needed.

Emergency or Urgent care Overseas follow these steps

AD and ADFM enrolled in TRICARE Prime and travelling outside the United States:

• Contact the TRICARE Area Office, or go to their website for assistance finding Emergency or Urgent care.

AD and ADFM stationed overseas:

- For Urgent care coordination, contact your MTF PCM, or
- Contact the closest TRICARE Area Office, or
- Contact the TRICARE Overseas Regional Call Center, or
- Go to their <u>website</u> (internationals os.com)

You do not need prior authorization for emergency or urgent care but the TRICARE Area Office or TRICARE Global Remote Call Center will help you find the best care available in the overseas area in which you are traveling.

## Filling Prescriptions on the Road

You should have all your prescriptions filled before you leave, but if you need a prescription filled while you are traveling in the United States, you have several options:

- If near an MTF, fill the prescription at the MTF pharmacy.
- Find the closest TRICARE network pharmacy.
- If a network pharmacy is not available, you can visit a non-network pharmacy. In this case, you may have to pay up front for your medications and file a claim with Express Scripts, Inc., for reimbursement. For more details, visit the <a href="https://example.com/TRICARE">TRICARE website</a>.
- The TRICARE home-delivery is not recommended for a prescription you need right away, but if you'll be away for a long time, you can arrange for any regular prescriptions to be filled via the mail-order pharmacy.

Your pharmacy coverage is limited overseas:

- TRICARE network pharmacies are only located in the United States, Puerto Rico, Guam and the U.S. Virgin Islands. You can have prescriptions filled at host-nation pharmacies, if necessary. Host-nation pharmacies are treated the same as non-network pharmacies. If you have prescriptions filled at a host-nation pharmacy, you should expect to pay for the total amount up front and file a claim with Wisconsin Physicians Service for partial reimbursement. To learn more about pharmacy claims, visit the <a href="https://example.com/TRICARE website">TRICARE website</a>.
- To use the mail-order pharmacy overseas, the prescription must be from a U.S. licensed provider and you must have an APO or FPO address.

#### If You Have Questions

Your regional contractors and TRICARE Area Offices are available to answer your questions. These offices are listed above. Find even more information about moving, updating DEERS, the TRICARE regions and much more at the <u>TRICARE website</u>.

#### **Installation Specific Information**

#### Installation Hospital

Naval Hospital Camp Pendleton (NHCP), with 133 beds, overlooks Lake O'Neill and is located approximately 12 miles from the Main Gate.

#### Medical Care

TRICARE Prime patients enrolled at NHCP have priority for access to care. Access to care is based upon the following priorities:

- Active Duty Service Members
- Family Members of Active Duty enrolled in TRICARE Prime
- Retirees and their family members enrolled in TRICARE Prime
- Active Duty family members not enrolled in TRICARE Prime
- Retirees and their family members not enrolled in TRICARE Prime

Outpatient and inpatient care is provided for all eligible beneficiaries, including active duty, active duty family members, retired persons, their eligible family members and eligible members of deceased military.

#### TRICARE Enrollment

For enrollment into TRICARE Prime, patients should contact the TRICARE Service Center located on the 6th floor of Naval Hospital Camp Pendleton, Building H100, or call 888-874-9378 (follow the telephone prompts for Naval Hospital Camp Pendleton).

#### Advice Line

For Health Care advice or educational information on common health care concerns, you may call the Health Care Information Line at 800-611-2883.

### Medical Records

Upon arrival at Camp Pendleton, families should bring their medical records to the Outpatient Records Desk located just inside the hospital entrance closest to the outpatient parking lot. This allows entry into the outpatient system and will reduce waiting times during first medical appointments.

# Appointments

Most hospital clinics operate on an appointment basis. Appointments are available by calling the clinic directly or with a health care provider's referral. The Primary Care (Family Medicine, Internal Medicine and Pediatrics Clinic) appointment system is centralized and can be reached at 760-725-4327.

All patients are required to show proof of eligibility and must be listed in the Defense Enrollment and Eligibility Reporting System (DEERS). A valid ID Card alone will not guarantee care in non-emergency situations.

Specialty care not available at Naval Hospital Camp Pendleton may be available at Naval Medical Center San Diego, approximately one hour's drive from Camp Pendleton.

## Pharmacy

The hospital pharmacy is open from 7 am until 6 pm Monday thru Friday, Saturday hours are 8 am until 3 pm. The pharmacy is closed on Sunday. Patients are reminded that waiting times for having prescriptions filled can be lengthy, especially from 10 a.m. to noon, and 2 to 4 p.m. The patient ID card is required and proof of eligibility in DEERS. Civilian physicians' prescriptions and those from local naval facilities can be filled from 8 a.m. to 4:30 p.m. only.

The toll-free prescription refill phone number for Naval Hospital Camp Pendleton and its branch clinics is 866-286-8249.

Prescriptions called in to the Main Pharmacy at the Naval Hospital may also be picked at the Pacific Plaza Pharmacy (near the Commissary in the Pacific Plaza Shopping Center near the Main Gate). The hours are Tuesday thru Saturday 9 am until 6 pm. Closed on Sunday and Monday.

## **Emergency Services**

In case of an emergency, ambulance service is available for on base active duty personnel and their family members. Those residing off base should call local paramedics (911). Emergency care is available at the hospital on a 24-hour basis.

#### TRICARE Outpatient Clinic (TOC) Oceanside

A TRICARE Outpatient Clinic provides services to all eligible beneficiaries with the same priorities of care as the base hospital, excluding active duty. TRICARE Prime enrollees have priority for care.

State-licensed and credentialed civilian physicians, nurse practitioners and physicians assistants staff the clinic.

The TRICARE Outpatient Clinic provides primary general ambulatory care to eligible beneficiaries on an appointment basis. Basic laboratory, X-ray services and medications are provided on site. Services range from providing same day, acute care to management of routine or long-term, uncomplicated, chronic illnesses. There is no cost to the patient.

Additional services at the clinic include:

- well childcare
- immunizations
- women's health screenings
- mammography
- physical exams for school, daycare or work
- health education
- · family planning

To be eligible for care, all patients must present a valid military I.D. card and be enrolled in DEERS. Priority for appointments goes to TRICARE Prime enrollees who have selected the TOC as their Primary Care Manager. TRICARE Standard patients will have a very limited access to appointments.

The clinic is open 365 days per year, including weekends and holidays. Hours of operation are Monday-Friday 7 am until 8 pm and weekends/holidays 8 am until 4 pm.

The TRICARE Outpatient Clinic is located at 2122 El Camino Real in Oceanside, one mile North of Highway 78. For an appointment call 760-966-7500.

The clinic does not provide emergency care. Critically ill or seriously injured patients should go to the nearest military or civilian hospital emergency room.

#### Veterans

Veterans may contact the Veterans Affairs (VA) offices located in Building 13150 on Mainside for information regarding medical issues.

#### Dental Care

Dental care is available through Tri-Care for Active duty family members, Members of the National Guard and Reserve, Family members of National Guard and Reserve members.

#### **Special Needs - Health Care**

#### **Exceptional Family Member Program**

The <u>Exceptional Family Member Program</u> (EFMP) is mandatory for all family members who have been identified with a special medical or educational need. Enrolling in the EFMP ensures that the family member's medical needs will be considered during the assignment coordination process.

## **Military Treatment Facility**

The clinics and services available at <u>Military Treatment Facilities</u> vary by location. Before you move, identify the MTF that will serve you, visit the MTF's website to learn about the clinics and services available and to get relevant contact information.

#### Moving to a New TRICARE Region

If you anticipate a move to another TRICARE region, work with your local TRICARE Service Center (TSC) or case manager before

your move to ensure the transition is as smooth as possible. On arrival at the new duty location, your sponsor should contact the Beneficiary Counseling and Assistance Coordinator (BCAC) or TSC to ensure the transition plans are in place and to obtain authorizations for TRICARE Extended Care Health Option (ECHO) services, if applicable.

### Beneficiary Counseling and Assistance Coordinator (BCAC)

All TRICARE Regional Offices and most MTFs are staffed with <u>BCACs</u> (formerly known as Health Benefits Advisors.) <u>BCACs</u> provide information, guidance and assistance on benefit options, TRICARE Prime enrollment, special authorizations, status of claims and eligibility, plus assistance with referrals and appointments. If you or your family member has a more severe medical need, contact your assigned case manager.

## **Case Management**

Case management involves a team of health care professionals who help you and your family to find solutions to complex health problems. It is important to inform your case manager if you are moving as he/she will connect you with the case manager at your new location.

## **Extended Care Health Option (ECHO)**

TRICARE <u>ECHO</u> provides financial assistance to beneficiaries of active duty service members who qualify based on specific mental or physical disabilities. ECHO offers an integrated set of services and supplies beyond the basic TRICARE program. ECHO is administered by regional contractors in the TRICARE North, South, and West Regions and by TRICARE Regional Offices in overseas locations.

# **Transporting Medical Equipment**

Your <u>Installation Transportation Office</u> has special procedures to follow for the transportation of medical equipment that is necessary for medical treatment required by the sponsor or family member. Some types of medical equipment may be shipped in the same manner as Professional Books, Papers, and Equipment (PBP&E).

#### Federal and State Health Care Programs

Medicaid - Medicaid pays for medical assistance for certain individuals and families with low incomes and resources. State Medicaid programs are usually administered by departments of social service or departments of medical assistance.

Supplemental Security Income (SSI) - <u>SSI</u> is a cash assistance program intended to meet basic needs for food, clothing and shelter for those who are aged, blind or disabled. It provides cash to meet basic needs for food, clothing, and shelter. Families must reapply upon each move to another state.

Title V of the Social Security Act - Many states have services for children with special health care needs that are funded by the Maternal and Child Health Services Block Grant, or <u>Title V.</u> State departments of health web sites and local health departments will provide information on state health benefits for children with special health care needs. The Maternal and Child Health Bureaus' web site has Title V information organized by State that provide you with <u>Title V points of contact</u> and other pertinent information.

#### Other Important Resources

Debt Collection Assistance Officer (DCAO) - TRICARE has a <u>DCAO</u> assigned to TRICARE Regional Offices and MTFs worldwide to help beneficiaries understand and get assistance with debt collection problems related to TRICARE. Individuals who have received a notice from a collection agency or a negative credit report because of a medical or dental bill should be referred to the nearest <u>DCAO</u>.

Family Voices - Family Voices is a national, grassroots clearinghouse for information and education concerning the health care of children with special health needs. Family Voices also has State points of contacts with useful links to State programs and organizations.

## **Installation Specific Information**

Personnel with an exceptional family member should check in with EFMP (Exceptional Family Member Program) upon arrival to notify the Coordinator of current status, and to receive transition assistance for their exceptional family member. An exceptional family member is a military dependent who has special medical, medically related, or educational needs. Services provided include educational counseling, support, and referral services.

*PALS* -- Camp Pendleton P.A.L.S. (Parents Actively Linked for Support), an EFMP sponsored program, can match Camp Pendleton parents with other parents who have children with the same or similar disability or medical concern. Special Connections is a program that matches Camp Pendleton adults with other adults with the same disability or medical concern.

TASK -- TEAM OF ADVOCATES FOR SPECIAL KIDS (TASK), a Parent Organization serving all ages and disabilities. TASK is a non-profit corporation to which parents of children with disabilities can turn for assistance and support in seeking and obtaining needed early intervention, educational, medical, or therapeutic support services for their children. TASK offers no cost training to military families (focus on IEPs (Individual Education Plan) and 504 plans). For the military family representative of Southern California's Family Information & Resource Center for Special Children, use the internet to seach for the current phone number, e-mail address and website.

#### **Education - Special Education/EIS**

# **Exceptional Family Member Program**

The <u>Exceptional Family Member Program (EFMP)</u> is mandatory for all family members who have been identified with a special medical or educational need. Enrolling in the EFMP ensures that the family member's medical needs will be considered during the assignment coordination process.

#### Children from Birth to Three Years of Age

The Individuals with Disabilities Education Act (IDEA) requires all States and territories to provide <u>early intervention services</u> to children from birth to age three who are developmentally delayed, or who are at high risk of being developmentally delayed. Early intervention services may be provided by local school districts or health departments. There is no common name across States for the programs, but you may hear them referred to as Part C programs (because Part C is the section of the IDEA that pertains to early intervention).

The <u>National Early Childhood Technical Assistance Center</u> provides a list of State Part C directors and funded programs at their web site. <u>Military OneSource</u> can identify local early intervention programs for you.

• Parents of children who receive early intervention services should hand-carry a copy of the Individual Family Service Plan (IFSP) and most current evaluation reports to the new location.

# Children from 3 through 21 Years of Age

The Individuals with Disabilities Education Act (IDEA) requires all States and Territories to provide <u>special education services</u> to children who are from 3 through 21 year of age. Each local school district has a special education director, and each school should have a case study committee or school based committee (terms differ) that attends to special education students' needs.

Parents of children receiving special education and related services should hand-carry all pertinent school and medical documents to include their children's Individualized Education Program (IEP) and current testing and evaluation reports to the new school.

The IDEA requires that if a child transfers to a district in the same state, the receiving school must provide comparable services to those in the child's IEP from the sending district's until the new school develops and implements a new IEP. If a child transfers to another State, the receiving district must provide comparable services to those in the child's IEP from the sending district until the receiving district completes an evaluation and creates a new IEP.

#### Others who can help you:

- Parent Training and Information Centers Each state is home to at least one Parent Training and Information Center (PTI).
   PTIs serve families of children and young adults from birth to age 22 with all disabilities: physical, cognitive, emotional, and learning. They help families obtain appropriate education and services for their children with disabilities; work to improve education results for all children; train and inform parents and professionals on a variety of topics; resolve problems between families and schools or other agencies; and connect children with disabilities to community resources that address their needs. The Technical Assistance Alliance for Parent Centers provides addresses and phone number of the centers in your state.
- STOMP (Specialized Training of Military Parents) is a federally funded Parent Training and Information (PTI) Center
  established to assist military families who have children with special education or health needs. The staff of the <a href="STOMP">STOMP</a>
  Project are parents of children who have disabilities and have experience in raising their children in military communities and traveling with their spouses to different locations.

Was hington PAVE STOMP Project 6316 So. 12th St. Tacoma, WA 98465

253-565-2266 (v/tty) 1-800-5-PARENT (v/tty) Fax: 253-566-8052

**Email** 

#### **Installation Specific Information**

For early intervention assistance, school districts request individuals contact them for specific information. You may obtain additional information by contacting:

National Information Center for Children & Youth with Handicaps at P.O. Box 1492 Washington, D.C. 20010, Telephone 1-800-695-0285

HOPE Infant Family Support Program: -- San Diego County Office of Education offers Early Intervention Services to children ages 0-3. HOPE is a public school program for special education and offers a broad range of services such as, but not limited to, assessment/ongoing review of child's developmental progress: home visits by instructional staff: consulting services in specialized areas -- Nursing, Speech & Language, OT & PT, Vision, and Deaf & Hard of Hearing. Premature Infant Development. Services are provided at no charge. Services are available in English and Spanish.

• North San Diego County 760-471-7353 and South San Diego County and Metro area 858-292-3700 provide services from regional centers. Services are provided to people (children and adults) with developmental disabilities such as cerebral palsy, mental retardation, Epilepsy, Autism and other conditions that have a substantial effect on self care, mobility, communication and the capacity for independent living or economic self-sufficiency. Some of the services provided to these groups are Early Intervention, Physical and Occupational therapy services, respite care hours, vocational training and placement services. Contact the local offices for an eligibility evaluation.

TASK (Team of Advocates For Special Kids), is a non-profit corporation to which parents of children with disabilities can turn for assistance and support in seeking and obtaining needed early intervention, educational, medical, or therapeutic support services for their children. For the Southern California military representative call 909-609-3218 (collect ok).

MAAC Project HEAD START -- MAAC Project Head Start is a bilingual/multicultural, early childhood and family education program funded by the Federal Government. Services are provided in Oceanside, Vista, San Marcos, Fallbrook, Pauma Valley and Valley Center. Low-income and special needs children between the ages of 3 to 5 or until kindergarten ready may be eligible. Age and Federal Income guidelines determine qualification for this program.

You must have your child's birth certificate and immunization record, proof of income verification, i.e., income pay stubs for previous last 12 months, military LES, AFDC eligibility or Income Tax IRS Form 1040. If your child has special needs, please submit a copy of your child's IEP or Diagnostic Report.

Head Start services include Education, Health Services, Social Services, Nutrition, Special Needs Services and Parent Involvement.

# Centers are located at:

- Oceanside I Center (Americanization), 1210 Division Street, Oceanside, CA 92054 Phone: 760-721-4692
- Oceanside II Center (Island Club), 2322 Catalina Circle, Oceanside, CA 92057 Phone: 760-941-7616 or 941-6935
- Oceanside III Center (Baldarrama), 709 San Diego Street, Oceanside, CA 92057 Phone: 760-433-5153/5154
- Oceanside IV Center (St. Anne's), 701 West Street, Oceanside, CA 92056 Phone: 760-966-3395
- Vista I Center, 739 Olive Ave., Vista, CA 92083 Phone: 760-726-4272/4131
- Vista II Center (Raintree Park), 545 E. Townside Dr., Vista, CA 92083 Phone: 760-631-2695/2696
- Vista III Center, 1410 Foothill Dr., Vista, CA 92084 Phone: 760-639-4465
- San Marcos I Center, 634 W. Mission Rd., San Marcos, CA 92069 Phone: 760-744-2110
- San Marcos II Center, 139 Gosnell Way, San Marcos, CA 92069 Phone: 760-736-3066
- San Marcos III Center, 444 Firebird Lane, San Marcos, CA 92069 Phone: 760-591-7713
- Fallbrook Center, 405 W. Fallbrook St., Fallbrook, CA 92028 Phone: 760-723-4188
- Rincon/Valley Center, 33509 Valley Center Rd., Valley Center, CA 92082 Phone: 760-749-5190/5192

#### **Program Options**

- 1. Center Based Programs -- Children attend pre-school 3 1/2 hours per day, four days per week from September to May.
- 2. Home Based Programs -- Children and parents have the opportunity to learn together. The Home Base Teacher comes into the home one time per week for 1 1/2 hours. Children visit the Head Start Classroom two times per month for socialization activities.
- 3. Head Start Family Child Care Program (FCCP) -- The program offers a nurturing pre-school program in a home setting. Children attend school for up to 10 hours per day, five days per week, Monday through Friday, from July to June (year-

round). FCCP is offered to Oceanside, Vista and San Marcos residents. It is offered to parents who work or attend school/training program full-time.

4. Full Day - Full Year Program -- Children attend pre-school for up to 10 hours per day, five days per week, Monday through Friday, from July to June (year-round). This program is offered in San Marcos, Vista and Oceanside. FD-FY is offered to parents who work or attend a school/training program full-time.

#### **Contact Information**

Building 13150

Camp Pendleton Marine Corps Base, CA 92055 Phone 760.725.6090 / 760.725.3400 / Base Operator: 760-725-4111/ DSN: 312-365-4111 Phone (DSN) 312.365.6090

Fax 760-725-8969 Fax (DSN) 312-365-8969

**Email Website** 

#### Adult Education Centers

Joint Education Center (JEC) - Main side A Street & 12th Street Building 1331 Box 555020 Camp Pendleton, CA 92055-5020 Phone 760-725-6660 / 760-725-6414 Phone (DSN) 312-365-6660 Fax 760-725-6593

**Email** 

Website

Mon, Tues, Thur, and Fri 8:00 a.m. - 5:00 p.m. Wed 9:00a.m. - 4:30 p.m. Sat, Sun, and Holidays - Closed

#### Beauty/Barber Shops

Barber Shop - San Mateo Barber Shop Blda 62408 Camp Pendleton, CA 92055 Phone 760-725-7993 Phone (DSN) 312-365-7993 **Email** 

Website

**Website** 

Mon Closed

Tue - Thur 7:00 a.m. - 3:00 p.m. Fri 6:30 a.m. – 6:30 p.m. Sat 9:00 a.m. - 3:00 p.m. Sun 11:00 a.m. - 7:00 p.m.

#### Beauty/Barber Shops

Barber Shop - Las Pulgas Barber Shop Bldg 43508 Camp Pendleton, CA 92055 Phone 760-725-4246 Phone (DSN) 312-365-4246 **Email** 

#### **Adult Education Centers**

Joint Education Center (JEC - North Campus Office) N. Basilone Road & San Juan Street Bldg 520512 (at SOI, same Bldg as NMRS) Camp Pendleton, CA 92055 Phone 760-725-0606 Phone (DSN) 312-365-0606 Fax 760-725-0606 **Email** 

Website

Mon, Tue, Thu, Fri - 7:30 a.m. - 4:30 p.m. Wed - 9:00 a.m. - 4:00 p.m. Sat and Sun - Closed Holidays - Closed

#### **Automotive Services**

Automotive Service Center - Gas Station Vandegrift Blvd. & 13th Street Bldg 13026 (Main side) Camp Pendleton, CA 92055 Phone 760-725-5828 Svc Ctr / 760-725-6387 Gas Station Fax 760-385-0609 **Email** 

**Website** 

Mon - Fri 6:00 a.m. - 7:00 p.m. Sat & Sun 9:00 a.m. - 5:00 p.m. Holidays - Closed

# Beauty/Barber Shops

Barber Shop - Camp Horno Barber Shop Bldq 530320 Camp Pendleton, CA 92055 Phone 760-725-7344 Phone (DSN) 312-365-7344 **Email** 

Website

Mon 6:30 a.m. - 6:00 p.m. Tue 7:00 a.m. – 5:00 p.m. Wed-Thur 7:00 a.m. - 3:00 p.m. Fri/Sat Closed Sun 11:00 a.m. - 7:00 p.m.

#### Beauty/Barber Shops

Barber Shop - Air Station Barber Shop Bldg 23164 Camp Pendleton, CA 92055 Phone 760-763-0140 **Email** Website Mon 6:00 a.m. - 5:00 p.m.

Mon 7:00 a.m. – 6:00 p.m. Tue-Wed 7:00 a.m. – 3:00 p.m. Thur/Sat Closed Sun 9:00 a.m. – 7:00 p.m.

Beauty/Barber Shops

Barber Shop - Camp Margarita Barber Shop

Blda 33308

Camp Pendleton, CA 92055

Phone 760-725-4435

Phone (DSN) 312-365-4435

**Email** 

Website

Mon - Tue 7:00 a.m. - 5:00 p.m.

Sun 10:00 a.m. – 5:00 p.m.

Wed & Sat Closed

Beauty/Barber Shops

Barber Shop - 22 Area Barber Shop

Bldg 22196

Camp Pendleton, CA 92055

Phone 760-725-4495

Phone (DSN) 4495

**Email** 

Website

Mon - Tue 6:30 a.m. - 7:00 p.m.

Wed - Fri 8:00 a.m. - 5:00 p.m.

Sat 10:00 a.m. - 3:00 p.m.

Sun 9:00 p.m. - 5:00 p.m.

Beauty/Barber Shops

Barber Shop - Camp Del Mar Barber Shop

Bldg 210600

Camp Pendleton, CA 92055

Phone 760-725-2564

Phone (DSN) 312-365-2564

Email

<u>Website</u>

Mon-Sun 7:00 a.m. - 7:00 p.m.

Beauty/Barber Shops

Barber Shop - 24 Area Barber Shop

Bldg 24026

Camp Pendleton, CA 92055

Phone 760-725-4347

Phone (DSN) 312-365-4347

<u>Email</u>

Website

Mon 8:00 a.m. – 4:00 p.m.

Tue/Fri Closed

Sat 10:00 a.m. - 3:00 p.m.

Sun 10:30 a.m. - 4:30 p.m.

Beauty/Barber Shops

Beauty Shop - Onyx Beauty Salon Vandegrift Blvd & MCX Way

Pacific Plaza

Tue 6:00 a.m. – 2:00 p.m. Wed-Fri 7:00 a.m. -1:00 p.m.

Sat/Sun Closed

Beauty/Barber Shops

Barber Shop - Edson Range Barber Shop

Bldg 31604

Camp Pendleton, CA 92055

Phone 760-725-2161

Phone (DSN) 312-365-2161

<u>Email</u>

Website

Mon - Wed 9:00 p.m. - 1:00 p.m.

Thur/Sun Closed

Beauty/Barber Shops

Barber Shop - Navy Hospital Barber Shop

Bldg H-100(basement near Chapel)

Camp Pendleton, CA 92055

Phone 760-725-1018

Phone (DSN) 312-365-1018

**Email** 

Website

Mon-Wed 9:00 a.m. – 5:00 p.m.

Thur 9:00 a.m. - 3:00 p.m. Fri 9:00am - 2:00 p.m.

Saturday & Sunday closed

Beauty/Barber Shops

Barber Shop - School of Infantry(SOI) Barber Shop

Bldg 520407

Camp Pendleton, CA 92055

Phone 760-725-7295

Phone (DSN) 312-365-7295

Email

Website

Mon 6:00 a.m. – 7:00 p.m.

Tue - Thur 7:00 a.m. - 3:00 p.m.

Fri - Sun 9:00 a.m. - 7:00 p.m.

Beauty/Barber Shops

Barber Shop - Las Flores Barber Shop

Bldg 41338

Camp Pendleton, CA 92055

Phone 760-725-4394

Phone (DSN) 312-365-4394

<u>Email</u>

<u>Website</u>

Mon 7:00 a.m. - 7:00 p.m.

Tue 7:00 a.m. - 2:00 p.m.

Wed & Fri Closed

Sat 10:00 a.m - 3:00 p.m.

Sun 9:00 a.m. - 5:00 p.m.

Beauty/Barber Shops

Barber Shop

Vandegrift Blvd & 13th Street

Bldg 1103

Camp Pendleton, CA 92055 Phone 760-763-1747

<u>Email</u>

<u>Website</u>

Mon – Fri 9:00 a.m. – 7:00 p.m. Sat 9:00 a.m. – 5:00 p.m.

# Beneficiary Counseling Assistance Coordinators

Health Benefits Advisor (HBA) - NHCP

Santa Margarita Road

Building H 100

(Naval Hospital)

Camp Pendleton, CA 92055

Phone 760-725-1262

Phone (DSN) 312-365-1262

Fax 760-725-1291

<u>Email</u>

**Website** 

Mon - Fri 7:00 a.m. - 5:00 p.m. Sat, Sun and Holidays - Closed

# **Child Development Centers**

CDC - San Luis Rey Barnett Circle Building 17081

San Luis Rey Housing Area across from MCFTB

Camp Pendleton, CA 92055 Phone 760-763-6910 Fax 760-763-6908

Email

Website

Mon - Fri 6:00 a.m. - 6:00 p.m. Sat, Sun and Holidays - Closed

#### **Child Development Centers**

CDC Stuart Mesa

Mitchell Blvd. & Stuart Mesa Road

Bldg 310006

(Stuart Mesa Housing) Camp Pendleton, CA 92055

Phone 760-725-9954

Phone (DSN) 312-365-9954

Fax 760-763-0095

Website

Mon - Fri 6:00 a.m. - 6:00 p.m. Sat, Sun and Holidays - Closed

#### **Child Development Centers**

CDC DeLuz

Bldg 120111

Camp Pendleton, CA 92055

Phone 760-725-9907

<u>Email</u>

Website

Mon - Fri 6:00 a.m. - 6:00 p.m. Sat, Suns and Holidays - Closed MCX Complex (Main side Center) Camp Pendleton, CA 92055

Phone 760-725-5773 / 1-888-375-MCCS (6227)

Phone (DSN) 312-365-5773

Fax 760-763-1746

Email Website

Mon - Fri 7:00 am - 7:00 pm

#### Chapels

Command Chaplain's Office - Religious Development Center

A Street & 11th Street

Bldg 1344

Camp Pendleton, CA 92055

Phone 760-725-4700

Phone (DSN) 312-365-4700

Fax 760-725-3769

Fax (DSN) 312-365-3769

<u>Email</u>

Website

Mon - Fri 7:30 a.m. - 4:30 p.m. Sat, Sun and Holidays - Closed

# **Child Development Centers**

CDC Browne

San Jacinto & Ash Road

Bldg 202860

(Wire Mountain Area)

Camp Pendleton, CA 92055

Phone 760-725-2817

Phone (DSN) 312-365-2817

Fax 760-725-2640

Fax (DSN) 312-365-2640

<u>Email</u>

Website

Mon - Fri 6:00 a.m. - 6:00 p.m. Sat, Sun and Holidays - Closed

#### **Child Development Centers**

CDC San Onofre

Basilone Road

Bldg 51080

Camp Pendleton, CA 92055

Phone 760-725-5113

Phone (DSN) 312-365-7311

Fax 760-725-0124

Fax (DSN) 312-365-0124

Website

Mon - Fri 6:00 a.m. - 6:00 p.m. Sat, Suns and Holidays - Closed

# **Child Development Centers**

CDC Courteau

Vandegrift Blvd & 11th Street

Bldg 15061

(near Main Exchange)

Camp Pendleton, CA 92055

Phone 760-725-5113

Phone (DSN) 312-365-5113

Fax 760-725-9309 Fax (DSN) 312-365-9309

# **Email**

# **Website**

Mon - Fri 6:00 a.m. - 6:00 p.m. Sat, Sun and Holidays - Closed

#### Child and Youth Registration and Referral

CYTP - Resource & Referral 14th Street & C Street Bldg 13150

Marine & Family Services, Room 130

Camp Pendleton, CA 92055 Phone 760-725-9723 Phone (DSN) 312-365-9723 Fax 760-725-6216 Fax (DSN) 312-365-5608

**Email** Website

Mon - Fri 7:00 a.m. - 5:00 p.m. Sat, Sun and Holidays - Closed

#### Civilian Personnel Office

Human Resources Office Mainside Exchange Complex Building 1102 (next to Wendy's) Camp Pendleton, CA 92055 Phone 760-725-3794 Phone (DSN) 312-365-3794 Fax 760-725-0058 Fax (DSN) 312-365-0058

**Email** Website

Mon- Tue-Wed- Fri 7:30 am - 4:00 pm

Thur 7:30 - 2:00 pm

Sat, Sun and Holidays - Closed

#### Commissary/Shoppette

Commissary - San Onofre Basilone Road Bldg 51094 Camp Pendleton, CA 92055 Phone 760-725-7136 / 760-725-7911 Phone (DSN) 312-365-9654

**Email** Website

Tues, Wed, Thurs, Fri, and Sat 10:30 a.m. - 7:00 p.m.

Sun 10:30 a.m. - 6:00 p.m. Mon and Major Holidays - Closed

Open half an hour early each day for the physically challenged

# **EFMP - Enrollment**

EFMP / Enrollment Marine & Family Services Attn: EFMP Box 555020 Camp Pendleton, CA 92055-5020 Phone 760-725-1966 Fax 760-725-9507 Fax (DSN) 312-365-9507

#### Citizenship and Immigration Services

Legal Office (Bldg 22161) - Citizenship & Immigration Services Vandegrift Blvd & 11th Street Building 22161 (near the Air Station) Camp Pendleton, CA 92055 Phone 760-725-6558 Phone (DSN) 312-365-6558 Fax 760-725-5038 Fax (DSN) 312-365-5038

**Email** Website

Mon - Thu 7:00 a.m. - 4:30 p.m. Fri - 7:00 a.m. - 3:00 p.m. Sat, Sun and Holidays - Closed

#### Commissary/Shoppette

Commissary (near Main-Gate) Vandegrift Blvd. & Stuart Mesa Road Bldg 20850 (near Pacific Plaza Shopping Center) Camp Pendleton, CA 92055 Phone 760-725-4012 / 760-430-1701 (Recording) Phone (DSN) 312-365-4012 **Email** Website

Mon - Sun 9:00 a.m. - 8:00 p.m. Major Holidays - Closed

Open a half-hour early for handicapped patrons

# **Dental Clinics**

Dental Center (NHCP) Santa Margarita Road Bldg H 100 Naval Hospital Camp Pendleton, CA 92055 Phone 760- 725-1200 / 760-725-3929 Phone (DSN) 312-365-1559

Website

Mon - Fri - 7:30 a.m. - 4:00 p.m. Sat, Sun and Holidays - Closed

# **EFMP - Family Support**

EFMP (Exceptional Family Member Program) 14th Street & C Street Building 13150 Marine & Family Services Camp Pendleton, CA 92055 Phone 760- 725-5363 Phone (DSN) 312-365-5363 Fax 760-725-9507

Email Website

Mon - Fri 7:00 a.m. - 5:30 p.m. Sat and Sun - closed Holidays - closed

# **EFMP - Family Support**

EFMP / Family Support
Marine & Family Services
Attn: EFMP
Box 555020
Camp Pendleton, CA 92055-5020
Phone 760-725-5363
Phone (DSN) 312-365-5363
Fax 760-725-9507
Fax (DSN) 312-365-9507
Email
Website

Mon - Fri 7:00 a.m. - 5:30 p.m. Sat and Sun - closed Holidays - closed

#### Exchange(s)

32 Area Hill Top Exchange Bldg. 32877 Camp Pendleton , CA 92055 Phone 760-725-4980 Website

Mon - Fri 7:00 a.m.- 3:00 p.m. Sat - Sun Closed

#### Exchange(s)

31 Area Edson Range Exchange Bldg. 31604 Camp Pendleton, CA 92055 Phone 760-725-2591 Website

Mon - Fri 8:00 a.m. - 6:00 p.m. Sat - Sun Closed

#### Exchange(s)

41 Area Las Flores Exchange Bldg. 41356 Camp Pendleton, CA 92055 Phone 760-725-2097 Website

Mon - Fri 7:00 a.m. - 7:00 p.m. Sat - Sun 10:00 a.m. - 5:00 p.m.

# Exchange(s)

22 Area Chappo Flats MCX Bldg. 22196 Camp Pendleton, CA 92055 Phone 760-725-4593 Fax (DSN) 312-365-5608

Email Website

Mon - Fri 7:00 a.m. - 5:00 p.m. Sat-Sun and Holidays - Closed

#### **Emergency Relief Services**

Navy/Marine Corps Relief Society - (Main side) E Street & 14th Street
Building 1121
Camp Pendleton, CA 92055
Phone 760-725-5337 / 760-725-5338
Fax 760-385-4356
Email
Website
Mon, Tues, Wed, Fri - 8:00 a.m. - 4:00 p.m.
Thur - 8:00 a.m. - 2:30 p.m.
Sat, Sun and Holidays - Closed

#### Exchange(s)

53 Area Horno Exchange Bldg. 53319 Camp Pendleton, CA 92055 Phone 760-725-7197/7393 Website Mon - Fri 7:00 a.m. – 8:00 p.m. Sat - Sun 10:00 a.m. – 5:00 p.m.

#### Exchange(s)

21 Area Del Mar Exchange Bldg. 210600 Camp Pendleton, CA 92055 Phone 760-725-2691 Website Mon - Fri 7:00 a.m. – 9:00 p.m. Sat 9:00 a.m. – 9:00 p.m. Sun 9:00 a.m. – 5:00 p.m.

#### Exchange(s)

14 Area Deluz Exchange Bldg. 1482 Camp Pendleton, CA 92055 Phone 760-725-5581 Website Mon - Fri 7:00 a.m. - 7:00 p.m. Sat -Sun Closed

#### Exchange(s)

MCX Main Exchange - Main Gate Bldg. 2010 Camp Pendleton, CA 92055 Phone 760-763-6979

#### Website

Mon - Fri 7:00 a.m. - 9:00 p.m. Sat - Sun 10:00 a.m. - 7:00 p.m. MCX Main Exchange Open: Sun - Sat 8:00 a.m. - 9:00 p.m.

Dunkin Donuts 760-430-7646 Open: Mon - Fri 4:00 a.m. - 10:00 p.m. and Sat - Sun 5:00 a.m. to 10:00 p.m.

Yogurtland 760-430-7785 Open: Sun - Sat 10:00 a.m. - 11:00 p.m.

Barber Shop 760-763-3118 Open: Mon - Fri 8:00 a.m. - 7:00 p.m. and Sun 10:00 a.m. - 6:00 p.m.

Florist 760-961-4559 Open: Mon - Sat 9:00 a.m. - 7:00 p.m. and Sun 10:00 a.m. - 5:00 p.m.

Computer Tech Center 760-430-8031 Open: Sun - Sat 9:00 a.m. -7:00 p.m.

Tailor Shop 760-725-4392 Open: Mon - Sat 8:00 a.m. - 7:00 p.m. and Sun 9:00 a.m. - 3:00 p.m.

Watch & Jewelry Repair 760-430-8135 Open: Mon - Fri 9:00 a.m. to 5:00 p.m. and 1st & 3rd Sat 11:00 a.m. - 4:00 p.m.

# Exchange(s)

Exchange - Seaside Square San Onofre Basilone Road Building 510092 Camp Pendleton, CA 92055 Phone 760-725-7597 / 760-725-7392 Fax 760-725-7028

**Email** Website

Mon - Sat 9:30 a.m. - 9:00 p.m. Sun 10:00 a.m. - 6:00 p.m. Major Holidays - Closed

#### Exchange(s)

Exchange - Main Side Vandegrift Blvd & 13th Street Building 1106 Mainside Center Camp Pendleton, CA 92055 Phone 760-725-6233 Fax 760-385-0446 **Email** 

Website

Mon – Fri 6:30 a.m. - 9:00 p.m. Sat 8:00 a.m. - 9:00 p.m. Sun 10:00 a.m. - 8:00 p.m. Major Holidays - Closed

# Family Advocacy Program

Counseling Services E Street & 14th Street Bldg 1122 Camp Pendleton, CA 92055 Phone 760-725-9051 / 760-725-3841 Phone (DSN) 312-365-9051 Fax 760-725-0312 Fax (DSN) 312-365-0312 **Email** 

Website

Mon - Thur 7:30 a.m. - 5:00 p.m. Fri 7:30 a.m. - 4:00 p.m. Sat, Sun and Holidays - Closed

#### Family Child Care/Child Development Homes

CYTP - Resource & Referral 14th Street & C Street Bldg 13150 Marine & Family Services, Room 130

#### **Family Center**

Marine and Family Programs P.O. Box 555020 14th and C Streets Camp Pendleton, CA 92055 Phone 760-725-3400 / 760-725-6090 / 1-800-253-1624 Phone (DSN) 312-365-3400 Fax 760-725-6393 Fax (DSN) 312-365-6393 **Email** Website Mon - Fri - 7:00 a.m. - 5:00 p.m.

# **Finance Office**

Disbursing/Finance Office Vandegrift Blvd. & 15th Street Bldq 1164 (Main side)

Sat, Sun and Holidays - Closed

Camp Pendleton, CA 92055 Phone 760-725-9723 Phone (DSN) 312-365-9723 Fax 760-725-6216 Fax (DSN) 312-365-5608

<u>Email</u>

**Website** 

Mon - Fri 7:00 a.m. - 5:00 p.m. Sat, Sun and Holidays - Closed

Financial Institutions

Pacific Marine Credit Union Vandegrift Blvd. & 13th Street

**Building 1105** 

Marine Corps Exchange Complex (MCX)

Camp Pendleton, CA 92055

Phone 760-725-4491 / 1-800-829-7676 Express

Line / 1-800-736-4500 Phone (DSN) 312-365-4491

Fax 877-789-7628

**Email** 

Website

Mon - Thu - 9:00 a.m. - 5:00 p.m.

Fri - 9:00 a.m. - 6:00 p.m. Sat - 9:00 a.m. - 4:00 p.m. Suns and Holidays - Closed

Gymnasiums/Fitness Centers

11 AREA Gym & Fitness Center - Paige Field House

13th Street & Vandegrift Blvd.

Bldg 1110

(parade deck/track field)

Camp Pendleton, CA 92055

Phone 760-725-6394 / 760-763-0657

Phone (DSN) 312-365-6394

<u>Email</u>

Website

Mon - Fri - 5:00 a.m. - 10:00 p.m.

Sat - Sun - 6:00 a.m. - 6:00 p.m.

Household Goods/Transportation Office (inbound)

Distribution Management Office (DMO) - In and

Outbound Shipments

Vandegrift Blvd. & 9th Street

**Building 2263** 

(across from Air Station)

Camp Pendleton, CA 92055

Phone 760-725-8666 / 760-725-8177 (Recording) /

760-725-8663

Phone (DSN) 312-365-8166

Fax 760-725-8765

Fax (DSN) 312-365-8177

<u>Email</u>

Mon - Fri - 7:30 a.m. - 4:00 p.m. Sat, Sun and Holidays - Closed

**Housing Office/Government Housing** 

Family Housing Office (Assignment & Referral) 98 San Jacinto Road

Camp Pendleton, CA 92055-5000

Camp Pendleton, CA 92055

Phone 760-763-7081 / 760-725-3565 / 760-725-5919

Phone (DSN) 312-365-5985

Fax 760-725-6473

**Email** 

Mon - Fri - 7:30 a.m. - 4:00 p.m.

Sat, Sun and Holidays - Closed

**Golf Courses** 

Golf Course

4th Street & Golf Course Road

Building 18415

(4th St. off Vandegrift Blvd.)

Camp Pendleton, CA 92055

Phone 760-725-4756

<u>Email</u>

Website

Mon - Fri - 6:30 a.m. - 6:00 p.m.

Sat - Sun - 6:00 a.m. - 6:00 p.m.

Hospitals/Medical Treatment Facility(s)

Hospital (NHCP) - Information (Quarterdeck)

200 Mercy Road

Building 200

Naval Hospital Camp Pendleton (NHCP)

Camp Pendleton, CA 92055

Phone 760-725-1288 / 760-725-1289 / 760-725-HELP(4357)

Phone (DSN) 312-365-1288

Fax 760-725-1547

**Email** 

Website

24 Hour Line

Household Goods/Transportation Office (outbound)

Distribution Management Office (DMO) - In and Outbound Shipments

Vandegrift Blvd. & 9th Street

Building 2263

(across from Air Station)

Camp Pendleton, CA 92055

Phone 760-725-8666 / 760-725-8177 (Recording) / 760-725-8663

Phone (DSN) 312-365-8166

Fax 760-725-8765

Fax (DSN) 312-365-8177

**Email** 

Mon - Fri - 7:30 a.m. - 4:00 p.m.

Sat, Sun and Holidays - Closed

Housing Referral Office/Housing Privatization

Family Housing Office (Assignment & Referral)

98 San Jacinto Road

Camp Pendleton, CA 92055-5000

Phone 760-725-5995 / 760-725-9826 / 1-800-843-2182

Phone (DSN) 312-365-5995/9826

Fax 760-725-5559 Fax (DSN) 312-365-1559

**Email** 

Website Website Website

Mon - Fri - 7:30 a.m. - 5:30 p.m. Sat, Sun and Holidays - Closed

#### ID/CAC Card Processing

Centralized I.D. (Main side) Vandegrift Blvd. & 14th Street Bldg 130132

Joint Reception Center (Mainside) Camp Pendleton, CA 92055

Phone 760-725-2442 / 760-725-2106

Phone (DSN) 312-365-2442

**Email** Website

Mon - Fri 7:30 am - 3:30 p.m. Sat, Sun and Holidays - Closed

#### ID/CAC Card Processing

Centralized I.D. (Main Gate) Building 201017 Camp Pendleton, CA 92055 Phone 760-725-2768 / 760-725-2865 Phone (DSN) 312-365-2633

**Email** Website

Mon-Fri 7:30 a.m. - 3:30 p.m. Sat, Sun and Holidays - Closed

#### Legal Services/JAG

Legal Office (Bldg 22161) Vandegrift Blvd. & 11th Street Building 22161 Camp Pendleton, CA 92055 Phone 760-725-6558 Phone (DSN) 312-365-6558 Fax 760-725-5038

**Email** Website

Mon - Fri 7:30 a.m. - 4:30 p.m. Sat, Sun and Holidays - Closed

#### MWR (Morale Welfare and Recreation)

Marine Corps Community Services (MCCS) Vandegrift Blvd. & 13th Street Building 1100 (MCCS Marketing) Camp Pendleton, CA 92055 Phone 760-725-5355 / 760-725-6287 / 1-888-375-Phone (DSN) 312-365-5355

**Email** 

Phone 760-725-5995 / 760-763-5243 / 1-800-843-2182 Phone (DSN) 312-365-5995/9826

Fax 760-725-5559 Fax (DSN) 312-365-1559

**Email** 

Website Website Website

Mon - Fri - 7:30 a.m. - 5:30 p.m. Sat, Sun and Holidays - Closed

#### ID/CAC Card Processing

Pass and ID Office North Seaside Plaza Bldg 51093 Camp Pendleton, CA 92055 Phone 760-763-6476/6471

Mon - Thur 7:30 a.m. - 3:30 p.m. Fri 7:30 a.m. - 3:00 p.m. Sat, Sun and Holidays - Closed

#### Information and Referral Services

Information and Referral (M&FS) 14th Street & C Street Building 13150 Camp Pendleton, CA 92055 Phone 760-725-6090 / 760-725-3400 / 1-800-253-1624 Phone (DSN) 312-365-3400 Fax 760-725-6393 **Email** Website

Mon - Fri - 7:00 a.m. - 5:00 p.m. Sat, Sun and Holidays - Closed

#### Library

Libraries, Life Long Learning E Street & 14th Street Building 1146 (Main side) Camp Pendleton, CA 92055 Phone 760-725-5669 / 760-725-KNOW (5669) Phone (DSN) 312-365-5669 Fax (DSN) 312-365-6569 **Email** 

Website

Mon - Thur 9:00 a.m. - 8:00 p.m. Fri - Sat - Sun 9:00 a.m. - 5:00 p.m. Holidays - Closed

#### Military Clothing Sales

Military Clothing Store - Tailor Shop Vandegrift Blvd. **Building 2265** (across from Air Station) Camp Pendleton, CA 92055 Phone 760-725-4392 / 760-725-8956 **Email** 

Website

Mon - Fri - 9:00 a.m. - 6:00 p.m.

Website

Mon - Fri 7:30 a.m. - 4:30 p.m. Sat, Sun and Holidays - Closed

**New Parent Support Program** 

Parent Support/Home Visiting Services

14th and C street Building 13150

Marine & Family Services Camp Pendleton, CA 92055 Phone 760-725-3884 Phone (DSN) 312-365-3884

Fax 760-725-9571

Fax (DSN) 312-365-9571

**Email** Website

Mon - Fri 8:00 a.m. - 4:30 p.m. Sat, Sun and Holidays - Closed

**Personal Financial Management Services** 

Financial Management Program 14th Street & C Street

Building 13150

Marine & Family Programs Bldg. Camp Pendleton, CA 92055

Phone 760-725-6098 / 760-725-6209

Phone (DSN) 312-365-6098

Fax 760-725-8969

Fax (DSN) 312-365-8969

**Email** 

Website

Mon - Fri 7:00 a.m. - 5:00 p.m. Sat, Sun and Holidays - Closed

Restaurants/Fast Food

McDonald's Vandegrift Blvd. Building 22026

(across from Air Station) Camp Pendleton, CA 92055

Phone 760-385-0235 / 760-430-4630 (20 Area)

Phone (DSN) 312-365-5095

**Email** Website

Open: 24hours

**Retirement Services** 

Retired Affairs Office (RAO) 14th Street & C Street Building 13150 Marine & Family Services

Camp Pendleton, CA 92055

Phone 760-725-6090 / 760-725-3400

Phone (DSN) 312-365-6030

Fax 760-725-8969

Fax (DSN) 312-365-8969

**Email** Website

Mon - Fri 7:00 a.m.- 5:00 p.m. Sat, Sun and Holidays - Closed

School Liaison Office/Community Schools

Sat - 9:00 a.m. - 3:00 p.m. Suns and Holidays - Closed

Non-appropriated Funds (NAF) Human Resources

Non-Appropriated Funds (NAF)

E Street

Building 15100

MCX Complex (behind Country Store)

Camp Pendleton, CA 92055

Phone 760-725-5893 / 760-725-5891 Job Line

Phone (DSN) 312-365-5631

Fax 760-725-4099

**Email** 

Website

Mon - Fri 7:30 a.m. - 4:30 p.m. Sat, Sun and Holidays - Closed

Restaurants/Fast Food

McDonald's - 20 Area

Building 20844

Camp Pendleton, CA 92055

Phone 760-430-4630

Phone (DSN) 312-365-4630

**Email** 

Website

Mon - Sun 24hrs.

Restaurants/Fast Food

McDonald's - 43 Area

Building 430314

Camp Pendleton, CA 92055

Phone 760-430-3723

Phone (DSN) 312-365-3723

**Email** 

Website

Mon-Sun 6:00 a.m. - 11:00 p.m.

School Age Care

School-Age Care Program (SAC)

Ash Road & Wire Mountain Road

Building 201017

(Wire Mountain Youth Center)

Camp Pendleton, CA 92055

Phone 760-725-2102 / 760-725-9723 (Res. & Referral)

Phone (DSN) 312-365-6212

Fax 760-725-6216

Fax (DSN) 312-365-6216

**Email** 

Website

Mon - Fri 8:30 a.m. - 5:00 p.m.

Sat, Sun and Holidays - Closed

Spouse Education, Training and Careers

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School Liaison Officer (SLO) Vandegrift Boulevard & 15th Street Building 1160

(Base Commanding General's Bldg, Room 212) Camp Pendleton, CA 92055

Phone 760-763-7385 / 760-763-7386 / 760-763-

7387

Phone (DSN) 312-361-7385/7386/7387

Fax 760-725-5555 Fax (DSN) 312-365-5555

**Email** 

Website Website

Mon - Fri 7:00 a.m. - 5:00 p.m. Sat, Sun and Holidays - Closed Family Member Employment Assistance Program/Career Focus 14th Street & C Street

Building 13150

Marine & Family Services, Room 308 A

Camp Pendleton, CA 92055

Phone 760-725-4737 / 760-725-9481 / 760-763-1843 T/E

Phone (DSN) 312-365-4737

Fax 760-725-8969

Fax (DSN) 312-365-8969

Email Website

Mon - Fri 7:00 a.m. - 5:00 p.m.

Sat, Sun and Holidays - Closed

# **Temporary Lodging/Billeting**

South Mesa Lodge 11th Street & Vandegrift Blvd. Building 202870 Camp Pendleton, CA 92055

Phone 760-725-7805/7806 / 760-725-7807/7808

Email Website 24 Hour Line

# Temporary Lodging/Billeting

Billeting Office (BEQ/BOQ - Marine Manor)
11th Street & A Street
Bldg 1341
Camp Pendleton, CA 92055
Phone 760-430-4703 BOQ / 760-430-4702
Phone (DSN) 312-365-3718
Fax 760-725-3221
Fax (DSN) None
Email

Website 24 Hour Line

# Temporary Lodging/Billeting

Ward Lodging Facility (Hostess House)
11th Street & Vandegrift Blvd.
Building 1310
Camp Pendleton, CA 92055
Phone 760-725-5194 / 760-725-5304
Phone (DSN) 312-365-5194
Fax 760-725-5609
Fax (DSN) 312-365-5609

Email Website 24 Hour Line

#### **Transition Assistance Program**

Transition Readiness Seminar (TRS)

14th Street & C Street

Building 13150

Marine & Family Services

Camp Pendleton, CA 92055

Phone 760-725-6324 / 760-725-6635 / 760-725-6207 (Retirement Services)

Phone (DSN) 312-365-6652

Fax 760-725-6393

Fax (DSN) 312-365-5930

Email Website

Mon - Fri 7:00 a.m. - 5:00 p.m. Sat, Sun and Holidays - Closed

# **Travel Office**

**Website** 

Traffic Management Office (TMO) - Passenger Section
Vandegrift Blvd. & 9th Street
Building 2263
(Official Travel - SATO)
Camp Pendleton, CA 92055
Phone 760-725-8177 / 760-725-8164 / 760-725-3875 Pass ports
Phone (DSN) 312-365-8177
Fax 760-725-8634
Fax (DSN) 312-365-8634
Email

# **VA Facilities**

Department of Veterans Affairs Building 13150 Room 204 14th and C Street Camp Pendleton, CA 92055 Phone 760-385-0416 Fax 760-385-4551 Email

Website

Mon - Fri 7:00 a.m. - 5:00 p.m. Sat, Sun and Holidays - Closed

Mon - Fri 7:30 a.m. - 4:00 p.m. Sat, Sun and Holidays - Closed

#### **Veterinary Services**

Base Veterinarian Vandegrift Blvd Bldg 20846

Pacific Plaza (next to PAWS) Camp Pendleton, CA 92055 Phone 760-725-3439

Phone (DSN) 312-365-3439 Fax 760-725-3625 Fax (DSN) 312-365-3625

Email Website

Mon - Fri 7:30 a.m. - 3:30 p.m.

By Appointment Only

#### Youth Programs/Centers

DeLuz Youth Center Building 14519T Camp Pendleton, CA 92055 Phone 760-725-5608 Phone (DSN) 312-365-5608 Fax 760-725-4181 Fax (DSN) 312-365-4181

Email Website

Mon - Fri 11:00 a.m. – 8:00 p.m. Sat, Sun and Holidays - Closed

#### Youth Programs/Centers

Director (Youth Centers): Abby Reinke (Youth & Teens)
Wire Mountain Road & Ash Road
Building 201019
Camp Pendleton, CA 92055
Phone 760-763-0649
Email

<u>Website</u>

Mon - Fri 8:30 a.m. - 8:00 p.m. Sat, Sun and Holidays - Closed

# **Major Units**

#### 1st MLG (MCC 169)

Contact Information:

COM: 760-725-5844 DSN: 312-365-5844 COM Fax: 760-725-5490

#### ACU-5

Contact Information: Personnel Officer COM: 760-725-2219 DSN: 312-365-2219 COM Fax: 760-725-2213

#### MAG 39 (MCC 1JM)

Contact Information:

Duty Officer or Consolidated Admin.

CON: 760-763-6210

#### **Victim Advocate Services**

Counseling Services/Victim Advocates E Street & 14th Street

Bldg 1122

Camp Pendleton, CA 92055

Phone 760-725-9051 / 760-725-3841 / 760-725-5106 (P.M.O. Desk

Sat)

Phone (DSN) 312-365-9051

Fax 760-725-0321 Fax (DSN) 312-365-0312

Email Website

Mon - Fri 7:30 a.m. - 5:00 p.m. Sat, Sun and Holidays - Closed

# Youth Programs/Centers

San Onofre Youth Center Bldg. 51570 Camp Pendleton, CA 92055 Phone 760-498-9166

Email Website

Mon - Fri 11:00 a.m. - 8:00 p.m. Sat, Sun and Holidays - Closed

# 1st Marine Division (MCC 121)

**Contact Information:** 

Command Duty Officer or Admin/Personnel Officer Command Duty Officer or Personnel Officer

COM: 760-725-5201 / 760-725-9379

DSN: 312-365-5201/9379 COM Fax: 760-725-6111

#### I MEF (MCC 1 CO)

Contact Information:

Command Duty Officer or Personnel Officer

COM: 760-725-9114 DSN: 312-365-9114 COM Fax: 760-725-7910

# Marine Corps Air Station (MCAS) (MCC 057)

Contact Information:

Duty Officer or Admin/Personnel Officer

COM: 760-763-1154

DSN: 312-361-6210 COM Fax: 760-763-0107

# Marine Corps Base (MCC 014)

Contact Information:

Command Duty Officer or Personnel Officer

COM: 760-725-5061 DSN: 312-365-5617/5618 COM Fax: 760-725-5894 DSN: 312-361-1154 COM Fax: 760-725-8158

# **Naval Hospital**

Contact Information: PSD or Quarter Deck

COM: 760-725-1288 /760-725-1289 /760-725-1275

DSN: 312-365-1288/1289 COM Fax: 760-725-0016